**Slow Recoveries and Unemployment Traps:**

**Monetary Policy in a Time of Hysteresis***

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**Abstract**

We analyze monetary policy in a model where temporary shocks can permanently scar the economy’s productive capacity. Unemployed workers’ skill losses generate multiple steady-state unemployment rates. When monetary policy is constrained by the zero bound, large shocks reduce hiring to a point where the economy recovers slowly at best – at worst, it falls into a permanent unemployment trap. Since monetary policy is powerless to escape such traps ex-post, it must avoid them ex-ante. The model quantitatively accounts for the slow U.S. recovery following the Great Recession, and suggests that lack of swift monetary accommodation helps explain the European periphery’s stagnation.

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1 Introduction

In the aftermath of the global financial crisis, economic activity remained subdued, suggesting that the world economy may have settled on a lower growth trajectory than the one prevailing before 2007. Some observers have attributed this sluggish growth to permanent, exogenous structural changes - either permanently lower productivity growth (Gordon, 2015) or secular stagnation. An alternative explanation is that large, temporary downturns can themselves permanently damage an economy’s productive capacity. This hysteresis view, according to which changes in current aggregate demand can have a significant effect on future aggregate supply, dates back to the 1980s but recently underwent a surge of interest in the wake of the Great Recession (e.g., Yellen, 2016). While the two sets of explanations may be observationally similar, they have very different normative implications. If exogenous structural factors drive slow growth, countercyclical policy may be unable to resist or reverse this trend. In contrast, if temporary downturns themselves lead to persistently or permanently slower growth, then countercyclical policy, by limiting the severity of downturns, may have a role to play to avert such adverse developments.

In this paper, we present a theory in which hysteresis might occur and countercyclical monetary policy can moderate its impact if timed appropriately. In our model, hysteresis can arise because workers lose human capital whilst unemployed and unskilled workers are costly to retrain, as in Pissarides (1992). In the presence of nominal rigidities and a zero lower bound (ZLB) constraint on monetary policy, large adverse fundamental shocks can cause recessions whose legacy is persistent or permanent unemployment. Under this setting, the timing of monetary policy matters significantly for long-term outcomes. Accommodative policy early in a recession can prevent hysteresis from taking root and enable swift a recovery. In contrast, delayed monetary policy interventions may be powerless to bring the economy back to full employment.

Our environment is an economy with downwardly sticky nominal wages and search frictions in the labor market. Human capital depreciates during unemployment spells and unskilled workers are costly to retrain. As in Pissarides (1992), these features generate multiple steady states. One steady state is a high pressure economy: job finding rates are high, unemployment is low and job-seekers are highly skilled. While tight labor markets - by improving workers’ outside options - cause wages to be high, firms still find job creation attractive, as higher wages are offset by low average training costs when job-seekers are mostly highly skilled. The economy, however, can also be trapped in a low pressure steady state. In this steady state, job finding rates are low, unemployment is high, and many job-seekers are unskilled as long unemployment spells have eroded their human capital. Slack

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1Here by secular stagnation we refer to the literature arguing that a chronic excess of global savings relative to investment has depressed equilibrium real interest rates. This imbalance has been attributed to permanent changes in either borrowing constraints, supply of safe assets, demographics, inequality or monopoly power. See for example, Eggertsson and Mehrotra (2014), Caballero and Farhi (2017) among many others.

2In the words of Yellen (2016): “...hysteresis would seem to make it even more important for policymakers to act quickly and aggressively in response to a recession, because doing so would help to reduce the depth and persistence of the downturn, thereby limiting the supply-side damage that might otherwise ensue.”

3See Fallick et al. (2016) and the papers cited in Schmitt-Grohe and Uribe (2013) for empirical evidence on downward nominal wage rigidity.
labor markets lower the outside options of workers and drive wages down, but hiring is still limited as firms find it costly to retrain these workers. Crucially, this is an unemployment trap - an economy near the low pressure steady state can never self-correct and return to a high pressure state.

The presence of nominal wage rigidities, together with constraints on monetary policy, allows temporary shocks to permanently move the economy from a high pressure steady state into an unemployment trap. Consider the effect of a large but temporary decline in the households’ rate of time preference. This increases desired savings, pushing real interest rates below zero. Monetary policy tries to accommodate this by lowering nominal interest rates but is constrained by the ZLB. As such, current prices are forced to adjust downwards as households’ demand for current consumption relative to the future declines. Under nominal downward wage rigidity, the decline in prices cause real wages to rise, and hiring to fall. This decline in hiring lengthens the average duration of unemployment and increases the incidence of skill loss, leading to a worsening in the skill composition of the unemployed. The deterioration in the average skill quality of the unemployed in turn raises the effective cost of job creation, causing the economy to take time to re-train workers and return to the high pressure steady state even after the shock has abated. In the event of a large enough shock, the economy may be pushed into an unemployment trap from which it is powerless to escape.

Importantly, the transition to an unemployment trap following a large severe shock can be avoided. If monetary policy commits to temporarily higher inflation after the liquidity trap has ended, it can mitigate both the initial rise in unemployment, and its persistent (or permanent) negative consequences. Monetary policy, however, is only effective if it is implemented early in the downturn, before the recession has left substantial scars. If the skill composition of the unemployed has significantly worsened following the shock, monetary policy cannot undo the average high cost of hiring through the promise of higher future prices. With nominal wages free to adjust upwards, any attempt to generate inflation is met by nominal wage inflation, leaving real wages unaffected. Thus, once the economy has entered into an unemployment trap or a slow recovery, monetary policy cannot engineer an escape from this trap nor hasten the recovery. In such cases, fiscal policy, in the form of hiring or training subsidies, is necessary to engineer a swift recovery.

One might think that it is more natural to address hysteresis through such fiscal policies more generally. In our model, as in the standard New Keynesian (NK) model, an appropriately rich set of fiscal instruments would wholly obviate the need for countercyclical monetary policy (Correia et al., 2008). In reality, fiscal policy is imperfect and slow to respond to a downturn leaving monetary policy as the first responder when it comes to countercyclical stabilization. The NK literature on stabilization policy concentrates on monetary rather than fiscal policy for precisely this reason. Given the limitations of fiscal policy, it is important to know if and when monetary policy can prevent hysteresis or mitigate its effects.

Overall, in the presence of hysteresis, a failure to deliver stimulus early on in a recession can have irreversible costs. This contrasts with standard NK models, in which accommodative policies are equally effective at any point in a liquidity trap (Eggertsson and Woodford, 2003). In fact, these models predict that while overly tight policy may be costly in the short-run, it has no long run consequences, since temporary shocks have no permanent effects in stationary models. Because
standard NK models study stationary fluctuations around a unique steady state, the possibility that short-run disturbances can cause permanent damage is precluded, negating monetary policy’s ability to influence long-run outcomes. Consequently, *timeliness* of monetary accommodation is not particularly relevant in these models as delaying accommodation does not reduce welfare in the long run. Our model instead focuses on a monetary economy with multiple steady states. Thus, monetary policy can affect not just fluctuations around steady state, but also the level of steady state activity.4

Our focus on multiple steady states also distinguishes our analysis from recent work which studies the persistent effects of recessions (Benigno and Fornaro, 2017; Schmitt-Grohe and Uribe, 2017). These papers study economies which can switch to a bad equilibrium featuring permanently low or negative inflation, binding ZLB, and high unemployment. This bad equilibrium is the result of self-fulfilling pessimistic beliefs; equally, self-fulfilling optimism can return the economy to the good equilibrium. Our analysis differs sharply in two ways. First, high unemployment can persist even after monetary policy is no longer constrained by the ZLB. Second, it features path dependence: once the economy is stuck in an unemployment trap, optimistic beliefs cannot return the economy back to full employment.5 This is because dynamics in our economy are driven by a slow moving state variable - the fraction of unskilled job-seekers. Even if a swift recovery is anticipated, this would not induce firms to hire and train relatively unskilled job-seekers today. In fact, firms would postpone hiring, preferring to wait until there are more skilled job-seekers. Since hiring would fall, the skill composition of job-seekers would actually worsen and firms’ optimism would be self-defeating. Since self-fulfilling optimism cannot escape the trap ex-post, it is all the more important to avoid it ex-ante.

Finally, we test whether our model can quantitatively explain the slow recovery in the U.S. following the Great Recession. A calibrated version of the model suggests that allowing for a realistic degree of skill depreciation and training costs is sufficient to generate multiple steady states. Furthermore, this multiplicity is essential in explaining why the unemployment rate in the U.S. took 7 years to return to its pre-crisis level. In contrast, the standard search model without skill depreciation and/or training costs predicts that the U.S. economy should have fully recovered by 2011. Under our preferred calibration, the model indicates that had monetary policy been less accommodative or timely during the crisis, leading to a peak unemployment rate higher than 11 percent, the economy might have been permanently scarred and stuck in an unemployment trap. Similarly, our model suggests that the persistently high proportion of long-term unemployed in the European periphery countries may reflect a lack of timely monetary accommodation by the European Central Bank. Finally, our analysis also suggests that relatively modest hiring or training subsidies can hasten recoveries - a 4% reduction in training costs would have sped up the U.S. recovery by 2 years.

The remainder of the paper is structured as follows. Next we discuss related literature. Section 2 presents the model economy. Section 3 characterizes steady states and equilibrium under flexible wages. Section 4 introduces nominal rigidities, and studies how demand shocks can cause slow

4This does not mean that monetary policy can manipulate a long-run trade-off between inflation and unemployment. Once the economy has converged to a particular steady state unemployment rate, monetary policy is powerless to reduce unemployment below this rate.

5Similarly, if the economy is experiencing a slow recovery, optimistic beliefs cannot accelerate its return to full employment.
recoveries or permanent stagnation. Section 5 analyses whether the model mechanism can account for the slow U.S. recovery since the Great Recession. Section 6 discusses potential extensions and Section 7 concludes.

Related literature Our paper relates most closely to a small number of recent studies analyzing hysteresis and monetary policy in the presence of nominal frictions. Benigno and Fornaro (2017) study an economy in which pessimism can drive the economy to the ZLB, reducing firms’ incentive to innovate and giving rise to persistent or permanent slowdowns. A commitment to alternative monetary policy rules (or subsidies to innovation) can help avoid or exit such stagnation traps. While we study a different channel through which hysteresis might operate, and focus on unemployment rather than output hysteresis, our results resonate with Benigno and Fornaro (2017)’s. In our model, a commitment to accommodative monetary policy can avoid an unemployment trap as long as it is implemented swiftly, but if the economy is already stuck in such a trap, monetary policy is of little help. Bianchi et al. (2014) also find that declines in R&D during recessions can explain persistent effects of cyclical shocks on growth, while Garga and Singh (2016) study the conduct of optimal monetary policy in a model embedding this feature.

We are not the first to study the interaction between unemployment hysteresis and monetary policy. Laureys (2014) studies monetary policy in an environment where skills depreciate during unemployment spells, but focuses on linear dynamics around a unique steady state. Similarly, Galí (2016) studies optimal monetary policy in a NK model where insider-outsider labor markets can generate hysteresis. Specifically, Galí (2016) assumes that unions set wages so that expected future employment equals some target level which is assumed to depend exogenously on past employment. Importantly, in these papers, temporary shocks and policy mistakes have persistent but not irreversible effects. Even in the special case of Galí (2016) where unemployment has a unit root (because target employment is assumed to equal lagged employment), the effect of shocks is reversible in the sense that ex-post accommodative monetary policy can eventually bring unemployment back down following an adverse shock. Our paper argues that temporary shocks can have irreversible effects on the economy and makes the novel point that, as a consequence, monetary policy must not only be sufficiently accommodative but must also be enacted in a timely manner. While timeliness is an important aspect of monetary policy, the existing literature has overlooked this by studying environments in which the effect of shocks is either transitory (as in Laureys (2014)) or reversible (Galí, 2016). By excluding the possibility that shocks can cause irreversible damage, these papers miss the most important risk from a normative perspective, and one which is central to the debate around hysteresis.

Our analysis also contributes to the broader theoretical literature studying hysteresis, which has largely abstracted from nominal rigidities. Drazen (1985) argues that the loss of human capital due to job loss in recessions can lead to delayed recoveries. Schaal and Taschereau-Dumouchel (2016) show that a labor search model with aggregate demand externalities can generate additional persistence in labor market variables. Similarly, in Schaal and Taschereau-Dumouchel (2015), large recessions frustrate coordination on a high-activity equilibrium, allowing temporary shocks to cause quasi-permanent recessions. Our model instead draws on Pissarides (1992), who demonstrates how
skill depreciation can give rise to multiple steady states. Sterk (2016) studies a quantitative version of Pissarides (1992)’s model and argues that it can account for the behavior of job finding rates in the United States. Relative to our work, all these studies consider purely real models. As such, they do not answer the question we are interested in - namely, how monetary policy should be conducted in the presence of hysteresis.

On the empirical side, a large literature finds evidence of drops in productive capacity after recessions. Dickens (1982) finds that recessions can permanently lower productivity; Haltmaier (2012) finds that trend output falls by 3 percentage points on average in developed economies four years after a pre-recession peak. Using cross-country data, Martin et al. (2014) find that severe recessions have a sustained and sizable negative impact on output. Similarly, Ball (2014) find that countries with a larger fall in output during the Great Recession experienced a larger decline in potential output. Yagan (2017) finds that U.S. states exposed to larger unemployment shocks in 2007 experienced significantly lower employment rates in 2015. Song and von Wachter (2014) find that the persistent decline in employment following job displacement is larger during recessions, suggesting that a spike in job-destruction rates can persistently affect unemployment.

Aside from the literature on hysteresis, our analysis connects to a few recent developments in monetary economics. Like us, Dupraz et al. (2017) study a plucking model in which downward-nominal wage rigidity gives rise to asymmetric effects of monetary policy: while deflation can lead to an increase in real wages and a fall in hiring, inflation has limited ability to reduce unemployment. This asymmetry increases the costs of business cycles; but since their economy features a unique steady state, shocks have at most a temporary effect. In contrast, we show that this asymmetry becomes especially dangerous when combined with hysteresis: temporary deflation can lead to permanently higher unemployment and deterioration in the skill composition of the unemployed, which cannot be reversed by higher inflation in the future. Thus, in our setting it is especially important for monetary policy to stabilize employment, even at the cost of compromising price stability. This result resonates with Berger et al. (2016), who find that monetary policy should prioritize employment stabilization over price stability when households are imperfectly insured against layoff risk. Our analysis provides another reason why employment fluctuations might have higher costs, and warrant more attention.

Finally, our paper also relates to the secular stagnation literature. Eggertsson and Mehrotra (2014) and Caballero and Farhi (2017) present models in which the market clearing interest rate is persistently or permanently negative, leading to persistently low output, as the ZLB prevents nominal rates from falling to clear markets. In such situations, a permanent change in fiscal or monetary policy (such as an increase in target inflation) is typically required to prevent stagnation. We share this literature’s concern with long run outcomes, but consider a different mechanism: in our model temporary falls in market clearing interest rates have permanent effects, which temporary monetary accommodation can prevent.
2 The Model Economy

We start by presenting a benchmark economy with labor market frictions à la Diamond-Mortensen-Pissarides (DMP) but no nominal rigidities. Time is discrete and there is no uncertainty. The only addition to the standard DMP model is that we assume that workers can lose skill following an unemployment spell.

Workers There is a unit mass of ex ante identical workers, who are risk neutral and discount the future at rate $\beta$. Workers can borrow and save in a nominal bond which pays a nominal return of $1 + i_t$. Workers can either be employed or unemployed. We denote the mass of employed workers as $n$ and the mass of unemployed as $u = 1 - n$. All unemployed workers produce $b > 0$ as home-production. The stock of employed workers evolves as:

$$n_t = [1 - \delta(1 - q_t)] n_{t-1} + q_t u_{t-1}$$

(1)

where $\delta$ is the exogenous rate at which workers get separated from their current jobs and $q_t$ is the job-finding rate. Note that equation (1) implies that a worker separated at the beginning of period $t$ can find another job within the same period. Next, let $W_t$ denote the value of an employed worker and $U_t$ denote the value of an unemployed worker at time $t$. These can be expressed as follows:

$$W_t = \omega_t + \beta \left\{ [1 - \delta(1 - q_{t+1})] W_{t+1} + \delta(1 - q_{t+1}) U_{t+1} \right\}$$

(2)

$$U_t = b + \beta \left\{ q_{t+1} W_{t+1} + (1 - q_{t+1}) U_{t+1} \right\}$$

(3)

where $\omega_t$ denotes the real wage at date $t$.

Labor market In the spirit of Pissarides (1992), we assume that a worker who gets separated from her job and is unable to transition back to employment immediately loses the skills that she acquired while employed. That is, any worker unemployed for at least 1 period becomes unskilled. Because unskilled workers produce zero output when matched with a firm, a firm that hires an unskilled worker must pay a training cost $\chi > 0$ to use that worker in production. Once the firm trains the worker, she remains skilled until the next unemployment spell of at least 1 period. Let $\mu_t$ denote the fraction of unskilled workers in the pool of job-seekers ($l_t$) at date $t$. This fraction is defined as:

$$\mu_t = \frac{u_{t-1}}{l_t} = \frac{u_{t-1}}{1 - (1 - \delta)(1 - u_{t-1})}$$

(4)

Equation (4) shows that a higher level of unemployment in the past corresponds to a higher fraction of unskilled job-seekers. As such, there is a one-to-one mapping between $u_{t-1}$ and $\mu_t$.

Matching technology Search is random. The number of successful matches $m_t$ between job-seekers $l_t$ and vacancies $v_t$ is given by a CRS matching technology $m(v_t, l_t)$. We define market tightness $\theta_t$ as the ratio of vacancies to job-seekers. The job-finding probability of a job-seeker, $q_t$,
and the job-filling probability of a vacancy, $f_t$, are then given by:

$$q(\theta_t) = \frac{m(v_t, l_t)}{l_t} \quad \text{and} \quad f(\theta_t) = \frac{m(v_t, l_t)}{v_t} = \frac{q(\theta_t)}{\theta_t} \quad (5)$$

**Firms** A representative CRS firm uses labor as an input to produce the final good. The production function is given by $y_t = An_t$ where $A > b$ is aggregate productivity and $n_t$ is the number of employed workers in period $t$. A firm must incur a vacancy posting cost of $\kappa > 0$ and an additional training cost of $\chi$ for each unskilled worker hired. A firm with $n_{t-1}$ workers at the beginning of period $t$ chooses vacancies (taking wages as given) to maximize lifetime discounted profit:

$$J_t = \max_{v_t \geq 0} (A - \omega_t)n_t - (\kappa + \chi \mu_t f_t)v_t + \beta J_{t+1} \quad (6)$$

where $\omega_t$ is the wage paid to all workers. This is the standard problem of a firm in labor search models, with one difference: the total cost of job creation depends on the skill composition of job-seekers. Since the firm pays a cost $\chi$ to train each unskilled job-seeker it hires, the effective average cost of creating a job is increasing in the fraction of unskilled job-seekers $\mu_t$. From equation (4), $\mu_t$ depends on past unemployment rates, making the cost of job creation increasing in the unemployment rate. The job-creation condition is then:

$$\frac{\kappa}{f_t} + \chi \mu_t + \lambda_t = A - \omega_t + \beta (1 - \delta) \left\{ \frac{\kappa}{f_{t+1}} + \chi \mu_{t+1} + \lambda_{t+1} \right\} \quad (7)$$

where $\lambda_t f_t \geq 0$ is the multiplier on the non-negativity constraint on vacancies. Using the Envelope Theorem, the firm’s value of a filled vacancy, $J_t = \partial J_t / \partial n_t$, can be written as:

$$J_t = A - \omega_t + \beta (1 - \delta) J_{t+1} \quad (8)$$

**Resource constraint** The resource constraint in the real economy can be written as:

$$c_t = An_t + b(1 - n_t) - \kappa v_t - \chi \mu_t f_t v_t$$

To close the model, we now need to specify how wages and prices are determined.

**Wage and price determination** While we ultimately seek to analyze the conduct of monetary policy in an environment with nominal wage rigidities, it is useful to first study a flexible wage benchmark, in which wages are simply determined by Nash bargaining every period. Because bargaining occurs after all hiring and training costs have been paid, all workers are paid the same
wage. Formally, the Nash bargaining problem is:

$$\max_{\omega_t} J_t^{1-\eta} (\Pi_t - \Pi_t)^\eta$$

where $\eta \in [0, 1)$ denotes the bargaining power of the workers. The Nash-bargained wage is:

$$\omega^*_t = \eta A + (1 - \eta) b + \beta(1 - \delta) \eta q_{t+1} J_{t+1}$$  \hspace{1cm} (9)

Crucially, an increase in next period’s job-finding rate puts upward pressure on the wage because it increases the worker’s outside option. Substituting (9) into (8) yields:

$$J_t = a + \beta(1 - \delta)(1 - \eta q_{t+1}) J_{t+1},$$  \hspace{1cm} (10)

where $a \equiv (1 - \eta)(A - b)$. Thus, an increase in job finding rate at every future date, through its upward pressure on the wage, results in a smaller profit to the firm and thus a lower $J_t$. Iterating forward on (10) and using equation (7), the job creation condition can be rewritten as:

$$J_t = a \sum_{s=0}^{\infty} \beta^s(1 - \delta)^s \prod_{\tau=0}^{s} (1 - \eta q_{t+\tau}) \leq \frac{\kappa}{f_t} + \chi \mu_t, \theta_t \geq 0 , \text{ with at least one strict equality}$$  \hspace{1cm} (11)

In this flexible wage benchmark, the classical dichotomy holds and the price level does not affect real allocations. Thus, it is not necessary to describe the conduct of monetary policy. Equilibrium in the benchmark economy is completely characterized by:

$$\mu_{t+1} = \frac{1 - q(\theta_t)}{1 + (1 - \delta)(1 - q(\theta_t) - \mu_t)}$$  \hspace{1cm} (12)

$$J_t = a + \beta(1 - \delta)(1 - \eta q(\theta_{t+1})) J_{t+1}$$  \hspace{1cm} (13)

$$J_t \leq \frac{\kappa}{f(\theta_t)} + \chi \mu_t, \theta_t \geq 0, \text{ at least one strict equality}$$  \hspace{1cm} (14)

where (12) is derived by combining equations (4) and (6). (13) implies that the value of a filled vacancy to a firm lies in the interval: $J_t \in [J_{\text{min}}, J_{\text{max}}]$, for $J_{\text{min}} \equiv a/[1 - \beta(1 - \delta)(1 - \eta)]$ and $J_{\text{max}} \equiv a/[1 - \beta(1 - \delta)]$.\footnote{Both skilled and unskilled workers have the same outside option since training costs are sunk at the time of bargaining and all job-seekers have the same probability of finding a job.}

In Sections 3 and 4, we assume a particular form for the matching function, $m_t = \min\{l_t, v_t\}$, which implies $q(\theta_t) = \min\{\theta_t, 1\}$, $f(\theta_t) = \min\{1/\theta_t, 1\}$. In particular, it implies that the short side of the market matches with probability 1. We refer to the case with $\theta_t < 1$ as the \textit{slack labor market regime} and the one with $\theta_t \geq 1$ as the \textit{tight labor market regime}. This simplifies the analysis without losing any generality. We use a more general CES matching function in Section 5 when we investigate the quantitative implications of our model.\footnote{$J_{\text{min}}$ is the value achieved by the firm when labor markets are expected to be the tightest forever (i.e., $q_t = 1$ for all $t$). Conversely, $J_{\text{max}}$ is the firm’s value when labor markets are expected to be the slackest forever (i.e., $q_t = 0$ for all $t$).}
3 Flexible wage benchmark

Our ultimate goal is to describe an economy in which transitory increases in unemployment can permanently scar the economy and to ask whether monetary policy can do anything about it. In our model, temporary shocks can have permanent effects because the economy features multiple steady states, as we now explain.

3.1 Steady states

In our model, multiplicity of steady state unemployment rates can arise naturally because worker lose skill while unemployed and firms must pay a cost to train unskilled workers. Consider an economy plagued by high unemployment. Since average unemployment duration is high, the average skill quality of the workforce is low. Consequently, firms need to spend more on training workers, which raises the effective average cost of job creation and makes firms less willing to post vacancies, even though slack labor markets lower workers’ outside options and drive down wages. Thus, a high unemployment rate can be self-sustaining. Conversely, when unemployment is low, mean unemployment duration is low and the average skill of the workforce is high. While wages are high because tight labor markets improve workers’ outside options, firms still find job creation attractive - as higher wages are offset by low average training costs when job-seekers are mostly highly skilled - sustaining low unemployment.

Given our Leontief matching function, the low unemployment steady state corresponds to zero unemployment. Such a steady state exists under the following assumption.

**Assumption 1.** Vacancy posting costs are low enough: $\kappa < J_{\min}$.

Note that from the law of motion for employment (1), full employment ($n = 1$) implies $q = 1$ (and $f = 1/\theta \leq 1$). Job-seekers are on the short side of the market, and always find a job within one period. As such, skill depreciation never occurs, and the law of motion for the skill composition (12) implies $\mu = 0$. As a result, the effective cost of hiring a worker is simply $\kappa/f$. Thus, the job creation condition (11) becomes $\kappa \theta^{fe} = J_{\min}$ in steady state. Assumption 1 ensures that this equation has a solution featuring $\theta^{fe} > 1$, consistent with full employment.

While skill depreciation can generate multiple steady states, whether it in fact does so depends on the strength of the scarring effects of unemployment (measured by $\chi$) and the sensitivity of wages to workers’ outside options (measured by $\eta$). The following assumption ensures that both forces are strong enough such that in addition to the full employment steady state, there exists additional interior steady states featuring higher unemployment.

**Assumption 2.** The training cost $\chi$ is neither too small nor too large, i.e., $\chi \in (\chi, J_{\max} - \kappa)$. In addition, workers’ bargaining power is not too small, i.e. $\eta > \eta$. The thresholds $\eta$ and $\chi$ are defined in Appendix B.

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8In the quantitative analysis in section 5, the “low unemployment” steady state features 5 percent unemployment.
\( \kappa + \chi < J_{\text{max}} \) ensures that training costs are not too large, so that the worst steady state features a positive level of employment.\(^9\) The remaining elements of Assumption 2 ensures that two interior steady states with unemployment exist (in addition to the full employment steady state). From the law of motion for employment (1), at any interior steady state \((n < 1)\), firms are on the short side of the labor market \((q < 1)\). This implies that there is some skill depreciation \((\mu > 0)\), since from the law of motion for the skill composition (12), we have \(q = 1 - \mu < 1\) in steady state. At an interior steady state, the job creation condition (14) becomes:\(^{10}\)

\[
\frac{a}{1 - \beta(1 - \delta)(1 - \eta(1 - \mu))} = \kappa + \chi \mu.
\] (15)

The left-hand side (LHS) of (15) is the value of a filled vacancy with \(q = 1 - \mu\), while its right-hand side (RHS) is the cost of creating a job. (15) describes a quadratic in \(\mu\) which has at most two solutions. Appendix B shows that Assumption 2 guarantees that economically meaningful solutions to this equation exist. A high bargaining power \(\eta\) increases the sensitivity of wages and profits to labor market conditions. When unemployment is low, wages are high because workers’ outside option is relatively favorable. Firms are willing to tolerate high wages because training costs are low. When labor markets are slack and unemployment is high, workers are relatively unskilled and expensive to train; firms are willing to pay the high training costs because wages are relatively low.

Figure 1 graphically depicts the arguments above. The red curve plots the LHS of (15), while the blue line plots its RHS for different values of \(\chi\). When \(\chi\) is too low, the two curves do not intersect and there are no interior steady states. When \(\chi\) is too high, the blue line lies above the red curve at \(\mu = 1\) and there exists a zero-employment steady state, in violation of Assumption 2. When \(\chi\) is in

\(^9\)If, by contradiction, there was zero employment in steady state, everyone would be unskilled \((\mu = 1)\) and labor markets would be completely slack \((q = 0)\). Since wages are the lowest they can be, the value of a filled vacancy is \(J_{\text{max}}\), the highest it can be. Since all workers are unskilled, the effective cost of hiring a worker is now \(\kappa + \chi\). \(\kappa + \chi < J_{\text{max}}\) ensures that at even such high levels of \(\mu\), a firm would find it profitable to post some vacancies, ruling out the uninteresting possibility of a zero employment steady state. Qualitatively, none of our results would change if we allowed for a zero employment steady state.

\(^{10}\)In this section and in what follows, it will be convenient to work with the fraction of unskilled workers \(\mu\) rather than the unemployment rate \(u\) as the state variable of interest. Equation (4) defines a one-to-one map between \(\mu_t\) and \(u_{t-1}\).
the appropriate range, then there are two interior steady states, \( \tilde{\mu} \) and \( \mu \) (with \( \tilde{\mu} < \mu \)).\(^{11}\) Finally, recall that there is always a full employment steady state at \( \mu = 0 \). The three steady states are associated with different degrees of market tightness, and accordingly, with different levels of wages: wages at the full employment steady state are higher than at the moderate unemployment steady state \( \tilde{\mu} \), which in turn are higher than at the high unemployment steady state \( \mu \).

### 3.2 Dynamics

Next, we characterize the transitional dynamics of the economy starting from any \( \mu_0 \in [0,1] \). While we have thus far not introduced any aggregate shocks which would move the economy away from a steady state, we will do so in Section 4. For now, we can think of the experiment as studying the evolution of the economy after past shocks having moved it to a point \( \mu_0 \).

The dynamics of the economy can be described by two equations in the market tightness \( \theta \) and the fraction of unskilled job-seekers \( \mu \). The first one is (12), which describes how the current market tightness \( \theta_t \) affects the change in the fraction of unskilled job-seekers \( \mu_t \). The second one can be obtained by substituting (12) and (14) into the firm’s value from being matched (13), and describes the evolution of \( \theta_t \), given a value of \( \mu_t \):\(^{12}\)

\[
\frac{\kappa}{f(\theta)} + \chi \mu_t = a + \beta (1 - \delta) \left( 1 - \eta q(\theta_{t+1}) \right) \left[ \frac{\kappa}{f(\theta_{t+1})} + \frac{\chi \left( 1 - q(\theta_t) \right)}{1 + (1 - \delta) \left( 1 - q(\theta_t) - \mu_t \right)} \right]. \tag{16}
\]

![Phase diagram](image1)

![Dynamics in convalescent region](image2)

**Figure 2.** Global dynamics

In equilibrium, the economy’s evolution is described by a mapping \( \mu_{t+1} = M(\mu_t) \). Figure 2a

\(^{11}\)Since there is a one-to-one relation between \( \mu \) and \( u \), we also have \( \tilde{u} < \pi \).
describes the dynamics of the economy with \( \mu \) on the horizontal axis and market tightness \( \theta \) on the vertical axis. The red and blue curves respectively denote the nullclines corresponding to (12) and (16), and their intersections denote the three steady states described above. The upper-left intersection at \( (0, \theta^e) \) represents the full employment steady state, while the other two intersections denote the two interior steady states. As Figure 2a shows, the state space can be partitioned into 3 regions, depending on the initial skill composition of job-seekers \( \mu \) (or equivalently, the level of unemployment): (i) a healthy region featuring low unemployment and a highly skilled workforce (low \( \mu \)), (ii) a convalescent region featuring moderate levels of unemployment and a moderately skilled workforce (intermediate level of \( \mu \)) ; and finally (iii) a stagnant region with high unemployment and a largely unskilled workforce (high \( \mu \)). Dynamics differ between these three regions, as we now describe.

**Healthy region** If the economy starts in the healthy region, defined as \( \mu \in [0, \mu] \) where \( \mu \equiv (J_{\min} - \kappa)/\chi < \tilde{\mu} \), then labor markets are tight and the economy immediately converges back to the full employment steady state, as formalized in the following lemma.

**Lemma 1.** Suppose \( \mu_0 \leq \mu \). Then \( \theta_t = (J_{\min} - \chi \mu_0)/\kappa \) for \( t = 0 \), and \( \theta_t = J_{\min}/\kappa > 1 \), \( n_t = 1 \), \( \mu_t = 0 \) for \( t \geq 1 \). Furthermore, \( J_t = J_{\min} \) and \( \omega_t = \omega_{fe}^* = \eta A + (1 - \eta)b + \beta \eta (1 - \delta) J_{\min} \) for all \( t \geq 0 \).\(^{12}\)

**Proof.** See Appendix C.

Intuitively, when the unemployment rate is very low, average skill quality of job seekers is very high. Hence, low training costs make it attractive for firms to post enough vacancies to absorb all job seekers, despite the high wages associated with tight labor markets in the present and future. Consequently, unemployment duration is short (and equal to zero after the first period), and the skill quality of the workforce remains high. While we have not yet introduced any shocks, one interpretation is that the full employment steady state is stable with respect to shocks which only cause small deteriorations in the average skill composition of job seekers. In particular, if \( \mu_0 \) rises to a level in the interval \( (0, \mu] \), the effect of the shock is immediately reversed as job seekers are still largely skilled, and firms are willing to post enough vacancies to hire and retrain all job-seekers on the spot. The equilibrium relation between \( \theta_t \) and \( \mu_t \) in this region is depicted by the black line in the top-left of Figure 2a. As long as \( \mu_0 < \mu \), \( \theta_0 > 1 \) and the economy immediately returns to full employment: \( \mu_1 = M(\mu_0) = 0 \).

**Convalescent region** If the economy starts in what we label the convalescent region, defined as \( [\mu, \tilde{\mu}] \), it eventually returns to full employment, but does not do so instantaneously. The following proposition characterizes this dynamics.

**Proposition 1** (Dynamics in the convalescent region). For \( \beta \) sufficiently close to 1, there exists a unique strictly increasing sequence \( \{\mu^n\}_{n=0}^{\infty} \) with \( \mu^0 = \mu \) and \( \lim_{n \to \infty} \mu^n = \tilde{\mu} \), such that if \( \mu_0 \in \)\(^{12}\) The equilibrium is unique, except in the knife-edge case where \( \mu = \mu \), where there also exists other equilibria in which the economy returns to the full employment steady state in 2 periods instead of 1. Note, however, that in these equilibria the value of a filled vacancy and the real wage also satisfy \( J_t = J_{\min} \), \( \omega_t = \omega_{fe}^* \) for all \( t \geq 0 \).
In \( I_0 \equiv (\mu_{n-1}, \mu^n] \), the economy reaches the healthy region in \( n \) periods and reaches the full-employment steady-state in \( n + 2 \) periods, i.e., \( \mu_n = \bar{\mu}, \mu_{n+1} \in (0, \bar{\mu}) \) and \( \mu_{n+2} = 0 \). Furthermore:

1. **Recoveries can be arbitrarily long**: As \( \mu_0 \to \bar{\mu} \), the time it takes for the economy to return to the healthy region tends to infinity.\(^\text{13}\)

2. **Recoveries can be arbitrarily slow**: If \( \mu_0 \) is close to \( \bar{\mu} \), then \( \mu \) declines very slowly early on in the recovery.\(^\text{14}\)

**Proof.** See Appendix D.

Again, the black line in Figure 2a describes the equilibrium relation between \( \mu_t \) and \( \theta_t \). Throughout the convalescent region, this black curve lies above the red curve \((\theta_t > 1 - \mu_t)\), so \( \mu_t \) is falling over time. Figure 2b illustrates this decline in \( \mu_t \), described in Proposition 1, by depicting the equilibrium starting from a point \( \mu_0 \) in the convalescent region. The horizontal axis denotes \( \mu_t \), the vertical axis denotes \( \mu_{t+1} \), and the red curve denotes the function \( \mu_{t+1} = \mathcal{M}(\mu_t) \). \( \mu_0 \) is shown to lie in the interval \( I_5 = (\mu^4, \mu^5] \), so it takes 5 periods for the economy to reach the healthy region, and 7 periods to reach full employment. During the transition, employment is growing over time and the proportion of unskilled individuals in the pool of job-seekers is shrinking. As long as the economy is in the convalescent region, labor markets are slack and real wages are low. But as soon as the economy reaches the interior of the healthy region, labor markets become tight and real wages reach their steady state level \( \omega^*_{fe} \).

When the fraction of unskilled job-seekers \( \mu_0 \) is higher than \( \bar{\mu} \), firms’ expected training costs \( \chi \mu_0 \) are so high that firms are unable to recoup these costs if wages are high and expected to stay so. Slack labor markets must then persist for some time for wages to drop and for firms to be willing to post vacancies today. In other words, in equilibrium, the labor market must experience a slow recovery. In fact, the speed of the recovery decreases in the initial fraction of unskilled job-seekers. Intuitively, a higher \( \mu_t \) requires a lower job-finding rate for wages to be driven down and firms to be induced to post vacancies. But such a low job-finding rate in turn reduces the rate at which unskilled job-seekers are re-hired and regain skill. In the convalescent region, \( \mu_t - \mu_{t+1} \) (the gap between the 45 degree line and red line in Figure 2b) is a decreasing function of \( \mu_t \): the worse the current state of the labor market, the slower it recovers. Accordingly, the economy can spend an arbitrary long time in the convalescent region before transitioning to the healthy region. When the economy starts deep in the convalescent region (\( \mu_0 \) close to \( \mu \)) the recovery takes disproportionately longer (point 1 of Proposition 1), and the skill composition of job-seekers improves at a slower rate in the early stage of the recovery (point 2).

To visualize formally how a high \( \mu_0 \) requires lower wages to sustain hiring, we rearrange the job-creation condition (7) to yield an expression for the real wage in the convalescent region relative

\(^{13}\)Formally, for any \( T \in \mathbb{N} \), there exists \( \varepsilon > 0 \) such that if \( \mu_0 \in (\bar{\mu} - \varepsilon, \bar{\mu}) \), \( \mu_t > 0 \) for all \( t < T \).

\(^{14}\)Formally, for any \( \delta > 0, T \in \mathbb{N} \), there exists \( \varepsilon > 0 \) such that if \( \mu_0 \in (\bar{\mu} - \varepsilon, \bar{\mu}) \), \( \mu_t > \mu_0 - \delta \) for all \( t < T \).
to the real wage in the full employment steady state:

$$\omega^*_t = \omega^*_{fe} - \chi \left\{ \left[ 1 - \beta (1 - \delta) \right] (\mu_t - \bar{\mu}) + \beta (1 - \delta) (\mu_t - \mu_{t+1}) \right\},$$

where all terms inside the curly braces are strictly positive. This equation indicates that the real wage is necessarily lower in the convalescent region than under full employment, and expresses the deviation from that full employment steady state level as a weighted average of two terms.

The first term represents how far the economy is from the healthy region \((\mu_t - \bar{\mu})\) – the level effect on the wage discount. A larger distance from the healthy region implies a larger fraction of job-seekers who would need to be trained if matched, lowering the value of posting a vacancy for a firm. For firms to create vacancies, they must be compensated with lower wages than in the healthy region to cover the higher training costs.

The second term relates to the speed at which labor market conditions improve \((\mu_t - \mu_{t+1})\) – the slope effect. A quick return to tight labor markets implies that firms must pay higher wages in the near future (as tight labor markets raise job-finding rates and thus workers’ outside options). Higher future wages lower the value of the firm in the future, discouraging job posting today. To induce firms to post vacancies today, wages must therefore be even lower when swift recoveries are expected.

If the economy is deep inside the convalescent region, close to \(\bar{\mu}\), then the level effect is the dominant force depressing wages since the recovery is very protracted (see Proposition 1). However, if the economy is about to exit the convalescent region \((\mu_t \text{ close to } \mu)\), then the slope term dominates and the expectation of transitioning to the healthy region in the near future keeps current wages low.

A corollary of Proposition 1 is that the wage \(\omega^*_t\) is uniquely determined throughout the convalescent region. Since by Lemma 1, it is constant at \(\omega^*_t = \omega^*_{fe}\) in the healthy region, it follows that it is unique and continuous throughout the convalescent and healthy regions. This wage level \(\omega^*(\mu_t)\), which we will refer to as the natural real wage, will play an important role in our analysis of monetary policy in Section 4.1.\(^\text{15}\)

**Stagnant region** If the economy starts in the stagnant region, defined as \([\bar{\mu}, 1]\), it never returns to full employment. When the fraction of unskilled job-seekers is this high, expected training costs are so high that they discourage firms from posting enough vacancies to bring the economy out of the stagnant region. Importantly, this is not because real wages are sticky. In the stagnant region, the high fraction of unskilled job-seekers \(\mu_t\) is accompanied by depressed real wages which induce firms to post some vacancies. But such depressed real wages can only be sustained by low job-finding rates, which in turn prevent unskilled workers from being hired and retrained in sufficient numbers.

\(^{15}\)Sterk (2016) also presents a search model which features multiple steady states and slow recoveries. However, the mechanisms which drive such outcomes in his model are different than in our model. Sterk (2016) assumes that the bargaining power of workers \(\eta = 0\), implying that wages are always equal to \(b\) regardless of the fraction of unskilled workers. Thus, the natural real wage in his model is constant. In contrast, in our model, a time varying natural wage is an important aspect of a slow recovery as explained above.
for the economy to escape the stagnant region. This stagnant region is an unemployment trap.\textsuperscript{16} We summarize this property in the following corollary.

**Corollary 1** (Unemployment traps). *If the economy is pushed into the stagnant region, i.e., \( \mu_t \geq \bar{\mu} \), then it never returns to the full employment steady state.*

The right half of Figure 2a depicts dynamics in this region. As the arrows suggest, an economy that starts in the stagnant region can never leave it. In principle, the policy function \( \mu_{t+1} = M(\mu_t) \) could describe multiple non-monotonic paths to the high unemployment steady state in this region, but this is unimportant for our purposes – what matters is that there exists no equilibrium in which the economy exits the stagnant region. Put differently, starting from the stagnant region, an optimistic belief that the economy will eventually return to full employment cannot be self-fulfilling. In fact, given a high \( \mu_0 \), expectations of a return to full employment and a restoration of future skill composition of the workforce to high levels would lead firms to postpone hiring today in anticipation of lower training costs tomorrow. The lack of vacancy posting today in turn lengthens average unemployment duration and worsens the average skill quality amongst the pool of unemployed, entrenching the economy in the stagnant region. We discuss this in greater detail in Section 4.

Note that the same forces that trap the economy in the stagnant region are also responsible for generating a slow recovery in the convalescent region. When \( \mu_t \) is high, slack labor markets are required to keep wages depressed and to maintain hiring, causing \( \mu_t \) to improve slowly. In the stagnant region, this force is so severe that it prevents any permanent improvement in \( \mu \). In the convalescent region, in contrast, the situation is less dire, but even so, \( \mu \) can only improve slowly.

### 4 Nominal rigidities

The analysis above highlighted that starting from a high level of unemployment, the economy may be unable to return to full employment. We now turn to our main objective: analyzing how temporary shocks can have permanent effects, depending on the conduct of monetary policy.

**Shocks** We focus on the economy’s response to a temporary demand shock, modeled as a temporary increase in households’ patience: \( \beta_0 > 1, \beta_t = \beta < 1 \) for all \( t > 0 \). The NK literature has used this type of shock to capture an increase in the supply of savings which pushes real interest rates below zero.\textsuperscript{17} We prefer to focus on a temporary demand shock (rather than, e.g., a productivity shock) since it can only have persistent effects in the presence of nominal rigidities.

**Nominal rigidities** The model specified in the previous section is characterized by the classical dichotomy and thus, monetary policy is unable to affect allocations. Since our objective is to

\textsuperscript{16}To see this more formally, note that any trajectory which starts to the right of \( \bar{\mu} \) and reached full employment at some date \( T \) has to be at \( \bar{\mu} \) at date \( T - 2 \). But Proposition 1 showed that all trajectories that reach \( \bar{\mu} \) lie entirely within the convalescent region. It follows that if the economy starts in the stagnant region - defined as the set \([ar{\mu}, 1]\) - it can never converge to full employment - this region is an unemployment trap.

\textsuperscript{17}In a richer model, such a shock could arise from a tightening of borrowing limits or an increase in precautionary savings motives. See, for example, Eggertsson and Krugman (2012), Guerrieri and Lorenzoni (2017).
understand whether monetary policy can prevent or moderate hysteresis, we need monetary policy to have real effects. We therefore break the classical dichotomy by introducing nominal rigidities in assuming that nominal wages are unable to freely adjust downwards. In particular, we suppose that at any date $t$ the nominal wage must satisfy $W_t \geq \varphi W_{t-1}$. The parameter $\varphi \in (0, 1]$ limits how much nominal wages can fall between dates $t - 1$ and $t$. In the spirit of Schmitt-Grohe and Uribe (2013), given the current state $\mu_t$, we further assume that nominal wages are set to $W_t = \omega^*(\mu_t)P_t$ whenever possible, where $\omega^*(\mu_t)$ is the real wage in the flexible wage benchmark (given the state $\mu_t$). However, if $\omega^*(\mu_t)P_t < \varphi W_{t-1}$, then $W_t = \varphi W_{t-1}$. In other words, the nominal wage is set by Nash bargaining whenever this does not violate the downward rigidity constraint. Formally:

$$W_t = \max \{\varphi W_{t-1}, P_t \omega^*(\mu_t)\}$$ (17)

$\varphi = 1$ means that nominal wages cannot fall, while $\varphi \in (0, 1)$ implies that nominal wages can adjust downwards to some extent.\textsuperscript{18} Note that even if nominal wages are unable to adjust downwards, \textit{real} wages can still fall when inflation is positive: the wage setting rule (17) in real terms is given as:

$$\omega_t = \max \left\{ \frac{\varphi P_{t-1}}{P_t} \omega_{t-1}, \omega^*(\mu_t) \right\}$$ (18)

where $\omega_t = W_t/P_t$ denotes the prevailing real wage, which may differ from the flexible wage benchmark real wage, $\omega^*(\mu_t)$. Importantly, even when nominal rigidities cause real wages to exceed the Nash bargained wage, they may still lie within the bargaining set, in which case workers have no incentive to agree to a wage cut. We do require that downward nominal wage rigidities apply to both new and existing hires. Consistent with this, Gertler et al. (2018) find no evidence that wages are more flexible for new hires than for incumbent workers.\textsuperscript{19} One rationale for this is that paying new hires less than incumbents would disrupt internal equity and damage morale, so firms pay the same to existing and new hires (Bewley, 1999).

4.1 Monetary policy

We assume that the monetary authority sets the nominal interest rate $i_t$ subject to the ZLB constraint $i_t \geq 0$. Because of risk neutrality, the real interest rate is fixed and equal to $r_t = \beta_t^{-1} - 1$. Inflation then follows from the Fisher equation:

$$\frac{P_{t+1}}{P_t} = \beta_t (1 + i_t)$$ (19)

\textsuperscript{18}This specification of nominal wage rigidities is not very restrictive and our characterization holds for any $\varphi \in (0, 1]$. Equation (17) just implies that nominal wages cannot jump downwards but can adjust downwards at some finite rate. See Remark 1 for a more in-depth discussion. Our model features a constant $\varphi$ which is independent of the state of the economy. This is consistent with the evidence found by Fallick et al. (2016) that the incidence of downward nominal wage rigidity did not decline during the Great Recession. Furthermore, even if we allowed $\varphi$ to depend negatively on the level of unemployment, our results would be qualitatively unchanged.

\textsuperscript{19}In fact they find that most of the wage growth over the business cycle stems from individuals who switch jobs and does not represent true wage flexibility.
Since nominal wages are not perfectly flexible downwards, monetary policy can affect real wages by influencing the price level. A large literature argues that monetary policy should seek to replicate allocations that would arise in an economy without nominal rigidities (Goodfriend and King, 1997; Woodford, 2003). In this spirit, we assume that, whenever possible, the monetary authority sets the nominal interest rate so that, given the current state of the economy, real wages attain their flexible wage benchmark level, and nominal wages remain stable. From Section 3, we know that in the flexible wage benchmark economy, real wages are given by some function \( \omega^*(\mu_t) \) of the current state \( \mu_t \), which itself evolves according to \( \mu_{t+1} = M(\mu_t) \).\(^20\) Given \( \mu_t \) and last period’s nominal wages \( W_{t-1} \), monetary policy attempts to implement a price level \( P_t = W_{t-1}/\omega^*(\mu_t) \) which replicates allocations in the benchmark economy (starting from any initial condition \( \mu_t \)) while keeping nominal wages constant.\(^21\) Formally, monetary policy sets the nominal interest rate such that:\(^22\)

\[
P_t \leq \frac{W_{t-1}}{\omega^*(\mu_t)}, \quad i_t \geq 0, \quad \text{with at least one equality,} \tag{20}
\]

and

\[
\text{if} \quad P_t = \frac{W_{t-1}}{\omega^*(\mu_t)}, \quad \text{then} \quad \mu_{t+1} = M(\mu_t). \tag{21}
\]

Given initial conditions \( \mu_0 \) and \( W_{-1} \), a monetary equilibrium is a sequence \( \{W_t, P_t, i_t, J_t, \omega_t, \theta_t, \mu_{t+1}\}_{t=0}^\infty \) satisfying (8), (12), (14), (17), (19), (20), (21) and \( \omega_t = W_t/P_t \) for all \( t \geq 0 \).

An immediate implication of the monetary policy rule described above is that in equilibrium nominal wages do not grow: \( W_t/W_{t-1} \in [\varphi, 1] \).\(^23\) Whenever the ZLB does not bind, monetary policy implements a price level consistent with constant nominal wages. As we will see next, a binding ZLB may cause nominal wages to fall, but these cannot decline at a rate greater than \( \varphi \). Thus, in the particular case where \( \varphi = 1 \), nominal wages are necessarily constant in equilibrium.

Figure 3 describes the determination of the nominal interest rate and the price level at date \( t \), given an anticipated future price level \( P_{t+1} \). The dashed downward-sloping curve represents (19): the combinations of \( (i_t, P_t) \) consistent with bond market clearing, given \( P_{t+1} \). When \( P_t \) is higher, goods

\(20\)There are three technical issues worth clarifying here. First, when the economy is on the cusp of the healthy region \( (\mu_t = \mu) \), there are multiple equilibria consistent with this value of \( \mu_t \). However, given a particular value of \( \mu_{t-1} \), the equilibrium is unique. Thus, to be precise, the state variables needed to describe the economy at this point are \( \mu_t = \mu \) and \( \mu_{t-1} \). This technicality is relevant for cases such as when the economy begins at \( \mu_0 = \mu \). In such cases, we adopt the convention of appending \( \mu_{t-1} = \mu \), which eliminates the multiplicity. Similarly, for histories which cannot arise in the economy without nominal rigidities, such as \( \mu_{t-1} = 0 \) and \( \mu_t = \mu \), we follow the convention that the economy behaves as if it features the history \( \mu_{t-1} = \mu_t = \mu \). None of our results depend on this selection. Second, for some initial \( \mu_0 \) in the stagnant region, there may be multiple equilibria. In this case, \( \omega^*(\mu_t) \) refers to any selection from the set of equilibria. Again, none of our results depend on equilibrium selection.

\(21\)The fact that policy attempts to implement a flat path of nominal wages is not essential. More generally, monetary policy could also implement the same allocations if it wanted a constant rate of nominal wage inflation \( \Pi > 1 \). We discuss the implications of this in Section 4.4.

\(22\)Our specification of monetary policy can be thought of as the limit of an interest rate rule:

\[
1 + i_t = \max \left\{ \beta_t^{-1} \left( \frac{P_t}{W_{t-1}/\omega^*(\mu_t)} \right)^{\phi_p}, 1 \right\}, \quad \text{as} \quad \phi_p \to \infty
\]

\(23\)(17) states that \( W_t = \max\{\varphi W_{t-1}, P_t \omega^*(\mu_t)\} \). This directly implies that \( W_t/W_{t-1} \geq \varphi \). Combining (17) with (20), we also have \( W_t \leq W_{t-1} \).
are more expensive today relative to tomorrow and households would rather save; a lower nominal interest rate discourages them from doing so, restoring bond market clearing. The higher dashed curve shows this locus when $\beta$ is at its steady state level and the desire to save is moderate while the lower one shows the locus when $\beta_t > \beta$ and the desire to save is stronger. When the savings motive is stronger, lower nominal interest rates or prices are required to clear the bond market.

The solid curve depicts (20): the combination of $(i_t, P_t)$ which monetary policy attains given the ZLB. Whenever possible, monetary policy stands ready to adjust the nominal rate so as to attain the price level $P_t = W_{t-1}/\omega^*(\mu_t)$, in order for the real wage to be at its flexible benchmark level for an unchanged nominal wage, given $\mu_t$. When desired savings is not too high, this results in $P_t = W_{t-1}/\omega^*(\mu_t)$ and $i_t > 0$ (intersection of the solid vertical line and the upper dashed curve). In this case the flexible wage allocation is replicated, and nominal rigidities do not affect the dynamics of the economy. However, when desired savings is very high, implementing $P_t = W_{t-1}/\omega^*(\mu_t)$ would require a negative nominal interest rate (intersection of the dashed vertical line and the lower dashed curve), which is unattainable given the ZLB. Instead, the price level must fall to clear the bond market at a zero nominal interest rate (the intersection of the solid line and the lower dashed curve). Combining the Fisher equation (19) with the monetary policy rule (20) reveals that a binding ZLB imposes a lower bound on inflation, i.e., an upper bound on the date $t$ price level, given the date $t+1$ price level: $P_t \leq P_{t+1}/\beta_t$. When the ZLB binds, the nominal return on bonds cannot be lowered anymore and the price of today’s consumption must decline relative to the price of tomorrow’s consumption to dissipate the excess demand for bonds. A binding ZLB thus curtails the ability of the monetary authority to implement its desired price level. The equilibrium price level is hence given by

$$P_t = \min \left\{ \frac{W_{t-1}}{\omega^*(\mu_t)}, \frac{P_{t+1}}{\beta_t} \right\}$$

To be clear, this discussion concerns the determination of $P_t$ given a value of $P_{t+1}$ - it does not assume that $P_{t+1}$ is fixed and cannot respond to date $t$ shocks. $P_{t+1}$ is determined in equilibrium.
with all other variables given the monetary policy we have specified. In fact, as we will describe in Section 4.2, \( P_{t+1} \) generally increases when the ZLB binds at date \( t \), which mitigates somewhat the deflationary effect of a binding ZLB. What we are assuming in equations (20)-(21), crucially, is that monetary policy will determine \( P_{t+1} \) based on economic conditions at \( t + 1 \) - it does not attempt to circumvent a binding ZLB at date \( t \) by making promises about what price level to target in the future. This is analogous to the common assumption in standard NK models that the monetary authority sets interest rates based only on contemporaneous inflation and output. In Section 4.4 we relax this assumption and show how commitments to future policy may improve outcomes.

Crucially, a binding ZLB also has consequences for the labor market, since wages cannot freely adjust downwards. If the fall in prices required to clear the bond market when the ZLB binds is sufficiently severe, the nominal wage hits the constraint \( W_t \geq \varphi W_{t-1} \), leading to a higher real wage than in the flexible benchmark. This lowers the value of the firm and discourages hiring, raising unemployment and lowering job-finding rates. This in turn lengthens average unemployment duration and worsens the skill quality of the job seekers relative to the flexible benchmark: \( \mu_{t+1} > \mathcal{M}(\mu_t) \).

4.2 Temporary shocks and permanent effects

Assuming that the economy is initially at the full employment steady state (\( \mu_0 = 0 \)), we now describe its response to a transitory demand shock modeled as a temporary increase in households’ discount factor (\( \beta_0 > 1, \beta_t = \beta < 1 \) for all \( t > 0 \)), as motivated above. If the ZLB did not prevent monetary policy from replicating the flexible wage outcome, a temporary increase in the discount factor would not raise unemployment. In fact, since a filled vacancy is a long-lived asset yielding dividends in the future and the cost of posting a vacancy is paid today, a temporary increase in the discount factor increases the net present value of vacancy posting, encouraging vacancy creation. However, when the ZLB binds, this neoclassical effect of an increase in households’ desire to save can be outweighed by a deflationary Keynesian effect, causing a fall in the value of vacancy creation. This can lead to a decline in hiring, which in turn leads to a persistent or even permanent increase in the unemployment rate and the fraction of unskilled workers, due to the mechanisms described in Section 3. Proposition 2 formally describes the evolution of the economy following a one-period negative demand shock.

**Proposition 2** (Monetary equilibrium with demand shocks). There exists \( \beta = \frac{A - \kappa}{\omega_f e^{-\alpha(1 - \delta)J_{min}}} > 1 \) such that:

1. if \( \beta_0 \in (1, \beta] \), there exists an equilibrium with \( \theta_0 \in (1, \theta^{FE}) \) and \( \mu_t = 0 \) for all \( t \),

2. if \( \beta_0 > \beta \), there exists an equilibrium with \( \theta_0 \in [0, 1) \) and \( \mu_1 \in (\mu, \mu_R) \),

where \( \mu_R = 1/(2 - \delta) \) is the rate of skill depreciation after a one-period hiring freeze, starting from full employment. Furthermore, for \( \beta_0 > \beta \), if \( \mu_1 < \tilde{\mu} \), then the economy eventually returns to full

\[ \mu_{t+1} = \mathcal{M}(\mu_t), \quad \mu_t = \frac{1}{1 + (1 - \delta)(1 - \mu_t)}. \]
employment ($\lim_{T \to \infty} \mu_T = 0$) whereas if $\mu_1 \geq \tilde{\mu}$, then the economy never returns to full employment ($\lim_{T \to \infty} \mu_T \geq \tilde{\mu}$).

Proof. See Appendix F.

To simplify the exposition of the economy’s response to a temporary demand shock, it is useful to consider the limiting case where nominal wages cannot fall, i.e., where $\varphi = 1$.25 As noted previously, in this case, the nominal wage remains constant in equilibrium. Achieving the full employment real wage at a given date would thus require implementing the price level $P_t = W_{-1}/\omega^*_e$. Our temporary demand shock assumption ($\beta_0 > 1, \beta_t = \beta < 1$ for all $t > 0$) makes this feasible from date 1 onwards, but not at date 0. A temporary increase of the discount factor above 1 makes the ZLB bind at date 0, requiring a fall in price level today. Given constant nominal wages, such a fall in prices raises the real wage and reduces the value of vacancy creation. Thus, the demand shock has two opposite effects on vacancy creation: it increases the future value of a job (neoclassical effect) while reducing current profits (Keynesian effect). With perfectly flexible nominal wages, only the neoclassical effect would operate, generating a positive relationship between the value of a filled vacancy $J_0$ and size of the shock $\beta_0$, as shown by the dashed upward sloping line in Figure 4a. In contrast, with nominal rigidities, the Keynesian effect is also at work, and under Assumption 2, it always dominates the neoclassical effect, resulting in a negative relationship between $J_0$ and $\beta_0$ whenever $\beta_0 > 1$, as shown by the solid downward sloping line in 4a. In turn, the effect of this negative relationship onto labor market outcomes depends on whether the shock is moderate or large, as we now discuss.

### 4.2.1 Moderate demand shock

When the demand shock is moderate, i.e., for $\beta_0 \in (1, \bar{\beta}]$, despite a binding ZLB and an accordingly higher real wage at date 0, the value of a filled vacancy does not decline enough to reduce vacancy posting substantially. As a consequence, the economy remains at full employment at date 0 and

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25 As explained in Remark 1 below, the same logic applies for any $\varphi \in (0, 1]$. 

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thereafter. To see this, suppose that the economy leaves date 0 with full employment ($\mu = 0$). Then at date 1, monetary policy is no longer constrained by the ZLB, and the date 1 price level is given by $P_1 = W_{-1}/\omega^*_f e$. However, at date 0, the ZLB must bind and the increase in desired savings causes prices to fall to clear the bond market: $P_0 = P_1/\beta_0 < P_{-1}$. This deflation in turn increases the date 0 real wage $\omega_0 = \beta_0 \omega^*_f e > \omega^*_f e$, which tends to reduce the value of a filled vacancy:

$$J_0 = A - \beta_0 \omega^*_f e \frac{\beta_0 (1 - \delta) J_{min}}{\omega^*_f e -(1-\delta) J_{min}}.$$  \tag{23}

The two opposite effects of a higher $\beta_0$ onto the value of a filled vacancy are visible in (23): a lower current profit due to a higher current real wage (Keynesian effect) and an increased valuation of future profits (neoclassical effect). Appendix E shows that under Assumption 2, the Keynesian effect dominates, i.e., $\partial J_0/\partial \beta_0 = -\omega^*_f e + (1 - \delta) J_{min} < 0$. As long as $\beta$ is not too large, the value of a filled vacancy $J_0$ might fall, but it remains above the vacancy posting cost $\kappa$, implying that firms are still willing to post enough vacancies to keep the economy at full employment. Consequently, the economy remains at $\mu = 0$, as shown by Figure 4b, validating our earlier conjecture that it leaves date 0 with full employment. However, when $\beta_0 > \beta \equiv \frac{A-\kappa}{\omega^*_f e -(1-\delta) J_{min}}$, the value of a vacancy would fall below the vacancy posting cost, and firms would not be willing to post enough vacancies to maintain full employment. We discuss this case next.

4.2.2 Large demand shock

Large enough demand shocks ($\beta_0 > \beta$) cause a persistent or even permanent increase in unemployment. To see why, recall that when $\beta_0 > \beta$, if firms expected full employment (tight labor markets) in the future, they would be unwilling to post vacancies at date 0 since we would have $J_0 < \kappa$. Thus, in equilibrium a large enough demand shock must move the economy away from the full employment steady state. Firms’ incentive to post vacancies depends on real wages both today and in the future. If deflation increases real wages at date 0, firms would only be willing to post vacancies if they anticipate lower real wages in the future. Lower real wages in the future can only be an equilibrium outcome if labor markets in the future are slack, i.e. if the economy is away from full employment for a sustained period. Thus, unemployment must increase following a large demand shock.

Formally, the value of a filled vacancy at date 0 is then given by

$$J_0 = A - \beta_0 \omega^*_f e \frac{\beta_0 (1 - \delta) (\kappa + \chi \mu_1)}{\omega^*_f e -(1-\delta) J_{min}} \text{ where } \mu_1 \in [\mu_t, \mu_R]$$

For firms to post vacancies at date 0 despite a high $\beta_0$, future profits must rise just enough to make the value of a filled vacancy $J_0$ in the above equation at least as large as the vacancy posting cost $\kappa$. For this to be the case, the skill composition must deteriorate enough to generate a context of low real wages even after the shock has abated and the ZLB no longer binds: the economy must enter the convalescent or stagnant region, i.e., $\mu_1 > \mu$ (see Figure 4b).

There are two second-round effects that mitigate the rise in unemployment. First, the initial rise
in unemployment worsens the pool of future job-seekers, lowering future real wages. This makes it more profitable for firms to post vacancies in the present. Second, a higher $\mu$ in the future reduces real wages in the flexible wage economy, so monetary policy targets a higher price level in the future. From the Fisher equation this leads to higher prices in the present, mitigating the increase in real wages. As a result, it is possible to have $J_0 = \kappa$ even though $\beta_0 > \beta$ (see Figure 4a). For extremely large demand shocks ($\beta_0 > \overline{\beta}$) these stabilizing mechanisms are overwhelmed by the deflationary forces, resulting in zero hiring and increasing the fraction of unskilled workers at date 1 to $\mu_1 = \mu_R$ (see Figure 4b). Note, however that even when $J_0(\beta_0) < \kappa$, we can still have $J_0(\beta_0) > 0$, i.e. the firm’s surplus from a filled vacancy is positive. That is, nominal rigidities are not so severe that they drive the real wage out of the bargaining set. Since existing matches still observe positive surplus, firms have no incentive to shut down and employed workers have no incentive to agree to wage cuts.

Whether the economy is only persistently or permanently affected by the temporary shock depends on the equilibrium value of $\mu_1$.

**Slow recovery** When the reduction in hiring drives the economy into the convalescent region, i.e., when $\mu_1 \in (\bar{\mu}, \tilde{\mu})$, the recovery takes time but full employment is ultimately restored. The dashed blue line in Figure 5b depicts the dynamics of $\mu$ following a shock which drives the economy to the convalescent region. Following an initial deterioration in the skill composition of the workforce due to a hiring slump, the economic forces underlying this slow recovery are essentially the ones outlined in Section 3. Faced with a higher likelihood of meeting unskilled applicants and hence higher expected training costs, firms only post vacancies if they are compensated by lower real wages. In turn, the only way low wages can be an equilibrium outcome is if job-finding rates are depressed for a period of time, keeping workers’ outside option low. As a result, the unemployment rate and the fraction of unskilled job-seekers only decline gradually, but the economy ultimately returns to full employment.

While at date 0, the ZLB prevents monetary policy from attaining the desired price level, monetary policy faces no such constraint at date 1, since the $\beta$ shock has dissipated, and is free to replicate the flexible wage allocation. Since the fraction of unskilled job-seekers has increased ($\mu_1 > 0$), the corresponding Nash bargained wage is lower. Given that nominal wages are sticky downwards, the only way real wages can be implemented at date 1 is for monetary policy to target a higher price level than prevailed before the initial shock. The dashed blue line in Figure 5a shows that prices are temporarily higher at date 1 but gradually falls to the pre-shock level since the economy recovers (and the Nash bargained wages rise). While the rise in $P_1$ mitigates the fall in $P_0$ required to clear the bond market at date 0, $P_0$ nonetheless falls, raising real wages and reducing hiring.

**Permanent stagnation** When the date 0 hiring slump takes the economy into the stagnant region, i.e., when $\mu_1 \geq \bar{\mu}$, the outcome is permanent stagnation. The solid red line in Figure 5b shows the dynamics of $\mu$ in this case. Again, conditional on the initial deterioration of the skill composition, the

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26 See Appendix F for the definition of $\overline{\beta}$.
27 In our economy with only one period shock, $\mu_R$ is the maximum damage that can be inflicted on the skill composition of the workforce during the ZLB episode, starting from full employment. With longer duration shocks, naturally there is no limit on the havoc that demand shocks can wreak.
forces behind the ensuing stagnation dynamics are not nominal but real. The fraction of unskilled job-seekers is so high that real wages must be very low for firms to post any vacancies. Such low real wages can only be sustained if slack labor markets are expected to persist forever. In this scenario the economy converges to the low-pressure steady state with a high fraction of unskilled job-seekers $\bar{\mu}$ and high unemployment. In this steady state, even though high unemployment depresses wages, firms are reluctant to post vacancies because the average job-seeker is likely to be unskilled and costly to retrain. These low vacancy posting rates support high unemployment. Thus, even a transitory demand shock can permanently depress employment and output.

Again monetary policy is unconstrained after date 1 and can implement a price path which replicates flexible wage allocations from date 1 onwards. Since labor markets are persistently slack with $\mu$ increasing over time, Nash wages are persistently low and given downward nominal wage rigidity, permanently higher prices are required to implement such a path of real wages. Again, a higher $P_1$ does mitigate the required fall in $P_0$ to restore bond market equilibrium but is not enough to prevent $P_0$ falling and $\mu_1$ increasing above $\tilde{\mu}$.

To reiterate, the downward nominal wage rigidity constraint does not bind in the high unemployment steady state. Rather, unemployment remains permanently high not because of nominal frictions but because of a real deterioration of unemployed workers’ human capital. In fact, given the one period shock we consider, our results would remain the same even if we assumed that nominal wages were flexible after the first period.

**What determines whether the economy experiences a slow recovery or permanent stagnation in response to a large temporary demand shock?** Unsurprisingly, one key element is the size of the demand shock. The larger the shock, the larger the decline in hiring and the worse the skill deterioration, making it more likely for the economy to land in the stagnant region. More interestingly, another key element relates to the strength of the forces generating multiplicity of
steady states. The higher the training cost $\chi$, the lower $\tilde{\mu}$, and the more likely it is that the economy enters the stagnant region following a large temporary demand shock.\footnote{More generally, shocks lasting multiple periods would also be more likely to bring the economy to the stagnant region. In this section we focus on one period shocks to emphasize that even very transitory recessions can have permanent effects. However, in our quantitative analysis in Section 5, we allow for persistent shocks.} Figure 6 illustrates all these possibilities. The vertical axis denotes the size of the shock $\beta_0$ while the horizontal axis shows the magnitude of training costs $\chi$. When $\beta_0 < \beta$, the economy always returns to full employment. When $\beta_0 > \beta$, the economy can experience either slow recovery or permanent stagnation; the latter outcome is more likely when $\beta_0$ and $\chi$ are larger. Figure 4b depicts the case in which $\mu_R > \tilde{\mu}$, so a large enough shock that causes a hiring freeze at date 0 always drives the economy to the stagnant region. More generally, whether this is the case depends on the strength of the forces generating multiplicity.

Figure 6. Parameters for which demand shocks lead to slow recoveries or stagnation.

Remark 1 (Paradox of flexibility). The characterization above holds more generally for any $\varphi \in (0, 1]$. Even when nominal wages can decline to some extent, deflationary forces drive them down to the lowest allowable level at date 0, i.e., $W_0 = \varphi W_{-1}$. Since monetary policy is unconstrained at date 1, nominal wages remain constant between date 0 and 1, i.e., $W_1 = W_0 < W_{-1}$. As a result, to implement the full employment steady state natural real wage $\omega_{fe}^*$ at date 1, the monetary authority must target a lower price level than the one prevailing initially:

$$P_1 = \frac{W_0}{\omega_{fe}^*} < \frac{W_{-1}}{\omega_{fe}^*} = P_{-1}.$$ Anticipating lower prices at date 1, households are even less willing to consume today, further depressing the demand for current production. Thus, even lower prices must prevail at date 0 to clear goods markets. Lower prices in turn neutralize the benefits of the fall in nominal wages. This is a version of the paradox of flexibility (Eggertsson and Krugman, 2012).
4.3 Monetary policy and hysteresis

The persistent or permanent effects of temporary shocks detailed in the previous sub-section makes our model stand out from the existing literature in monetary economics. First, and most obviously, it is in stark contrast to standard models with nominal rigidities in which transitory shocks do not affect long run outcomes. Second, it is also distinct from the recent literature on secular stagnation (e.g., Eggertsson and Mehrotra, 2014; Caballero and Farhi, 2017), where the focus is on the permanent effects of permanent changes in the environment.

The persistent or permanent effects of temporary shocks in our model are the result of a combination of nominal and real factors. First, nominal rigidities and the ZLB imply that large shocks can trigger hiring slumps, which take the economy away from full employment. Second, skill depreciation during unemployment – a purely real factor – is responsible for either a slow recovery or a permanent stagnation, once the economy finds itself away from full employment. This property has some noteworthy implications. First, nominal rigidities and the ZLB need not bind for very long for large adverse shocks to have persistent or permanent effect in our model. Provided the ensuing jump in unemployment is large enough, hysteresis can take root if downward wage rigidities and the ZLB bind for as little as one model period. This stands in contrast to much recent work on permanent effects of liquidity traps (Benigno and Fornaro, 2017; Schmitt-Grohe and Uribe, 2017; Acharya and Dogra, 2018). These models can generate permanently higher unemployment following a shock which drives the economy to the zero lower bound – but only if the ZLB and downward nominal wage rigidity also bind forever. While monetary policy and demand shocks can have permanent effects on unemployment in our economy, this is not because of a long run Phillips curve through which permanent deflation causes permanently higher unemployment (e.g. Benigno and Ricci (2011)) - our downward nominal wage rigidity does not bind in steady state. Instead, a temporary bout of deflation can generate permanently higher unemployment.

Second, we bring the idea of path dependence into the literature on liquidity traps and secular stagnation. Again, this yields starkly different predictions from Benigno and Fornaro (2017) and Schmitt-Grohe and Uribe (2017). These models feature multiple equilibria, one of which features deflation and high unemployment. Persistent unemployment can be an equilibrium outcome because agents’ pessimistic beliefs are self-reinforcing. If agents, however, awoke one morning and expected the economy to return to full employment, the economy would indeed return to full employment. In contrast, our economy is not trapped in the high unemployment steady state because of self-fulfilling beliefs. Instead, a temporary bout of deflation can generate permanently higher unemployment.

Finally, it is worth highlighting that the ZLB works through a different channel in our model than
in the standard NK model. In the standard model, the lower bound on nominal rates, together with an upper bound on expected inflation, make real interest rates too high, and consumption growth too large. If long run consumption is pinned down (by the assumption that the economy returns to the unique steady state), high consumption growth requires consumption to fall today. In contrast, in our model with linear utility, real rates are fixed at $1/\beta_t$, and the ZLB requires positive inflation to clear the bond market in response to negative demand shocks. If long run prices are pinned down (by monetary policy), high inflation requires prices to fall today. With downward sticky nominal wages, this fall in prices raises real wages, further discouraging vacancy creation and reinforcing the forces that support the onset of hysteresis. Critically, this effect of prices on job-creation has implications for the conduct of monetary policy, as we discuss next.

4.4 Can unconventional policies prevent hysteresis?

Having shown that temporary demand shocks can lead to permanent stagnation, we now ask whether monetary policy can act to avoid such outcomes. Under our baseline monetary policy, which attempts to implement the natural allocation while ensuring zero nominal wage inflation, the ZLB binds at date 0, forcing prices to fall and real wages to rise. Therefore, as is common in the liquidity trap literature, a higher inflation target $\Pi > 1$ could relax the ZLB constraint, making it bind only when $\beta_0 > \Pi$ (rather than when $\beta_0 > 1$). However, such a policy would not altogether insulate the economy from the persistent effects of demand shocks. Even with $\Pi > 1$, sufficiently large demand shocks would still cause the ZLB to bind, and potentially generate a persistent or permanent downturn.

More interestingly, as emphasized by a large literature (Eggertsson and Woodford, 2003; Werning, 2011), avoiding adverse outcomes in liquidity trap episodes can be achieved by commitments to temporarily more accommodative policy after the trap is over. In our economy, this policy prescription takes the form of temporarily higher wage inflation at date 1, i.e. a permanently higher nominal wage level from date 1 onwards. The proposition below describes how such a commitment can succeed at keeping the economy at full employment following an adverse shock.29

**Proposition 3** (Hysteresis-proof policy). Suppose that $\beta_0 > \beta$ and the economy starts at full employment, i.e. $\mu_0 = 0$ and $W_{-1} = \omega^*_f e^{-1}$. Then, the hysteresis-proof monetary policy implements a price sequence given by $P_0 = P_{-1}$ and $P_t = \beta_0 P_{-1} > P_{-1}$ for $t > 0$. The unique equilibrium consistent with this price path features full employment for all $t$ and a nominal wage path $W_t = \omega^*_f P_t$.

**Proof.** Date 1 inflation equals $P_1/P_0 = \beta_0 > 1$, which clearly satisfies the ZLB constraint. Real wages are given by equation (18), which implies that $W_t/P_t = \omega^*_f$ along the price path defined above, since $\varphi P_{t-1}/P_t \leq 1$ for all $t \geq 0$.

Commitment to higher date 1 prices - which involves deviating from nominal wage stability even after the shock has abated - prevents prices from falling at date 0. Even with nominal rates stuck at zero, higher future prices discourage households from saving in nominal bonds, propping up the goods demand at date 0 and preventing deflation. Without a fall in prices, real wages do not rise, job

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29Note that such a policy does not require a commitment to higher trend inflation.
creation remains profitable, and unemployment remains low. Thus, the economy never enters the convalescent or stagnant regions and hysteresis is averted.

**Remark 2** (Forward guidance and the intertemporal substitution channel). *The policy just described involves commitment to expansionary policy once the liquidity trap has abated. In this regard, it resembles forward guidance policies discussed in the recent literature.*\(^{30}\) That literature argues that committing to keep interest rates low in the future can alleviate demand driven recessions. In the context of standard NK models, this policy works through an intertemporal consumption smoothing channel. There is an ongoing debate about whether the strength of forward guidance in NK models is realistic and about the strength of the intertemporal substitution channel.\(^{31}\) Importantly, the power of commitment to higher future prices in our framework does not depend on the intertemporal substitution channel, which is entirely absent. Instead, a commitment to a higher future price level implies that current prices need not fall in order to deliver a given level of inflation going forward. As such, real wages do not rise and hiring does not contract. Since our hysteresis-proof policy operates through the effect of the price level on firms’ hiring decisions, rather than via the time path of real interest rates, it does not depend on the strength of the intertemporal substitution channel.

### 4.5 Escaping unemployment traps?

The hysteresis-proof monetary policy just described can prevent adverse shocks from causing a recession, but requires a commitment to higher prices in the period immediately following the shock. What if instead of adopting such a wise and effective policy, the central bank had allowed unemployment to rise severely enough that the economy enters the stagnant region? Can it then reverse course and return the economy to full employment? Unfortunately, in our model, the answer is negative: monetary policy cannot engineer an escape from an unemployment trap. In the stagnant region, employers are unwilling to create more vacancies despite prevailing low real wages. Temporary wage cuts would incentivize hiring, but given that nominal wages are fully flexible upwards, monetary policy cannot reduce real wages below their natural level. Similarly, even if the recession generates a slow recovery rather than a permanent stagnation, monetary policy cannot speed up the recovery: temporarily lower real wages would in principle stimulate hiring, but monetary policy cannot reduce real wages. This result is a natural reflection of the observation that the slow recovery and permanent stagnation phenomena in our model are purely driven by real factors.

Our analysis thus delivers the stark prediction that monetary policy can prevent any increase in unemployment if it acts at date 0, but is completely powerless to improve outcomes if it waits until date 1. The reason is that in between these two dates, absent timely action by the monetary authority, an adverse dynamic in a key endogenous state variable – unemployment or the skill composition – has set in and cannot be reversed. This contrast between the power of monetary policy at date 0 and date 1 is arguably excessively stylized. For instance, monetary policy can avert the recession

\(^{30}\)To be clear, this policy is not a commitment to keep nominal rates at zero for an extended period of time.

\(^{31}\)See, for example, Del Negro et al. (2015) and McKay et al. (2016) about the strength of forward guidance and Kaplan et al. (2018) regarding the strength of the intertemporal channel.
altogether at date 0 only because we assume full commitment and there are no costs associated with permanently higher nominal prices and wages.32 Such trade-offs would make a commitment to higher prices time-inconsistent. Similarly, monetary policy is ineffective after date 0 only because it cannot raise employment above its natural level. If instead it had some ability to create temporary hiring booms, then it could reverse some of the damage done to the economy.33 With these caveats in mind, the notion that the timing of monetary policy is crucial for preventing hysteresis would remain true in a more general environment. Prompt policy intervention can limit the long-term damage caused by temporary shocks whereas delayed action may be ineffective. By contrast, in standard models such as Eggertsson and Woodford (2003), such policies are equally effective at any point in a crisis. Delaying monetary accommodation in such models is costly, but the costs are only temporary.

In this regard, our model’s trade-offs differ from those of Laureys (2014) and Galí (2016). While Laureys (2014) studies monetary policy in an economy with human capital depreciation, she focuses on linear dynamics around a unique state. In her environment, optimal monetary policy may deviate from strict price stability to address the externalities associated with skill depreciation but the costs of failing to arrest a sharp increase of unemployment are neither permanent nor irrevocable since the economy always returns to the same steady state. Similarly, while Galí (2016) considers an environment in which shocks can have permanent effects on employment (i.e. employment has a unit root), these effects are not irreversible - monetary policy can always return the economy to the efficient steady state. In contrast, in our economy large shocks can have permanent, irreversible damage unless monetary policy acts swiftly, because they move the economy to a different steady state. Our analysis highlights the importance of **timeliness** of monetary policy, a topic which has been understudied in the theoretical literature despite its importance in policy making.

One similarity with Galí (2016), however, is our finding that in the presence of hysteresis, monetary policy should deviate from strict price stability and put more weight on stabilizing employment. This contrasts with the existing literature which generally finds that monetary policy should put little weight on output or employment stabilization. In our economy, however, failing to stabilize employment can be extremely costly as it sets the economy down a path where it can fail to return its original low unemployment steady state.

Finally, it is worth noting that even within our model, fiscal policy, such as hiring or training subsidies, could potentially counter the effects of hysteresis when monetary policy is powerless.34 Committing to compensate firms for each worker they train would be equivalent to lowering the

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32If nominal wages were inflexible in both directions, implementing a higher future price level may involve a deviation from natural allocations and welfare losses. At the full employment steady state, lower real wages than the natural level lead to welfare losses. Lower wages encourage firms to create more vacancies. With the economy already at full-employment, higher market tightness only leads to higher vacancy posting costs, and thus lower consumption, without creating more jobs. This is the manifestation of the Hosios (1990) externality in our setting.

33So long as nominal wages are not fully flexible upwards, targeting higher prices once the shock has passed would stimulate hiring by temporarily lowering real wages - potentially escaping the stagnant region. Even under this scenario, delaying monetary accommodation would be very costly as it would require a larger increase in inflation in the future to restore the economy to full employment.

34In fact, the pressure on monetary policy to act swiftly would be eased if there existed automatic stabilizers which encourage hiring during recessions. Traditional automatic stabilizers such as countercyclical unemployment insurance, however, do not directly reduce the costs of job creation and hence do not address the problem posed by hysteresis.
private training cost $\chi$, speeding up recovery or even lifting the economy out of the stagnant region. In Section 5 we find that a modest training subsidy could have dramatically hastened the U.S. recovery following the Great Recession. Subsidizing job-creation could have similar effects. Interestingly, the effects of these subsidies are starkly different in our model relative to standard NK models of the ZLB, in which such policies are generally contractionary (Eggertsson, 2011).

5 Hysteresis since the Great Recession

We now ask whether the mechanisms described in the paper can help quantitatively explain the sluggish economic recovery following the Great Recession.

While the particular form of the matching function assumed above facilitates analytical results, it has the counterfactual prediction that the “high pressure” steady state has 0 percent unemployment. In what follows, we use a more standard matching function $m(v, l) = vl / (v^\epsilon + l^\epsilon)^{1/\epsilon}$. This allows us to consider a high pressure economy with an empirically plausible unemployment rate.

We calibrate the model to the U.S. economy. In our model, unemployed workers lose skill after one period. A period is six months, so “unskilled” workers correspond to those unemployed for 27 weeks or more, i.e., the long-term unemployed. Using resume audit studies, Kroft et al. (2013) find that the likelihood of receiving a call-back declines significantly after an unemployment spell, with most of the decline occurring within the first 8 months. Similarly, Ghayad (2014) finds a sharp decline in the call-back rate after 6 months. It therefore seems reasonable to posit that most of the skill loss upon losing a job occurs within the first 6 months.\(^{35}\)

We set $\beta = 0.98$, implying a 4 % annualized steady state real interest rate. $A$ is normalized to 1. We set $t = 0.5$ following Menzio and Shi (2011) and $\eta = 0.7$ (Shimer, 2005). $b$ is chosen to imply a steady state replacement ratio of 70 percent (Hall, 2009). We set $\delta = 0.2105$ so that the 5 percent steady state unemployment is consistent with 20 percent of job seekers being long-term unemployed in steady state as observed in the U.S. before 2008 ($\mu_{ss} = 0.2$). We set $\varphi = 1$; this is a conservative choice in the sense that if $\varphi < 1$, even a smaller increase in $\beta$ would be able to generate the spike in unemployment observed in the Great Recession.\(^{36}\) The remaining moment - the steady

\(^{35}\)Strictly speaking, in our simple model, skilled and unskilled job-seekers have the same job-finding rates and are paid the same wages conditional on employment: skill depreciation only shows up in the training costs faced by employers. For our purposes, all that matters is that the findings of these studies is consistent with a bulk of the skill depreciation occurring within 6 months of job-loss. Our rate of skill depreciation is also consistent with Ljungqvist and Sargent (1998); their calibration implies a 95% probability of losing skill after a 6 month unemployment spell. At the same time, setting a period to 6 months allows us to maintain the assumption that unemployed workers lose skill after one period, implying a one-to-one mapping between $\mu_t$ and $u_{t-1}$, allowing us to economize on state variables. If instead we assume that unemployed workers lose skill probabilistically, then we could reduce the length of a period but would have to deal with two endogenous state variables, complicating the analysis of our model due to the multiplicity of steady states. However, note that since separated workers can search for jobs within the same period, we are not imposing that any unemployed spell lasts at least half a year.

\(^{36}\)This is because, as stated in Remark 1, allowing nominal wages to be more downwards flexible, $\varphi < 1$ would not ameliorate the effect of a increase in $\beta$ because the larger fall in nominal wages is counteracted by a larger fall in prices at date 0. Reducing the degree of nominal wage rigidity does not bring real outcomes even slightly closer to the flexible wage benchmark, a version of the well-known paradox of flexibility. In fact, a lower $\varphi$ reduces the level of nominal wages once the shock has abated, so monetary policy targets a lower price level once the shock has abated. From the Fisher equation this would lead to even more deflation initially, exacerbating the increase in real wages. Finally, it is worth
state unemployment rate of 5% - pins down the value of a filled vacancy $J_{ss} = \kappa/f(\theta_{ss}) + \chi\mu_{ss}$. In what follows, we consider a range of values for $(\kappa, \chi)$ which satisfy this relation.

Following the Great Recession, U.S. unemployment peaked at 10 percent in the second half of 2009 before beginning a slow decline, only returning to 5 percent after 6 years, as shown by the black line in Figure 7a. We have already seen analytically (Proposition 1) that our model can in principle generate an arbitrarily slow recovery. To see whether our model can generate a slow recovery in a quantitatively plausible way without resorting to persistent shocks, we solve our model for a range of $(\kappa, \chi)$ combinations, starting from the unemployment rate of 10% observed in the second half of 2009. We implicitly assume that some sequence of $\beta$ shocks brought the economy to this point, but these shocks have now abated and $\beta$ is at the steady state level. For now, we do not specify the sequence of shocks that brought the economy to this level of unemployment since this does not affect dynamics of the recovery. The gray lines in Figure 7a show trajectories of unemployment for a range of $(\kappa, \chi)$ combinations consistent with multiple interior steady states, one of which is always 5 percent. Moving outwards from the origin, as we increase $\chi$ and decrease $\kappa$, the forces generating multiplicity become stronger and the recovery becomes slower. Quantitatively, the model can match the sluggish recovery observed in the data. The red line in Figure 7a indicates our preferred calibration, $\chi = 0.52$, which fits the data most closely. While direct evidence on training costs is hard to come by, this value lies well within the empirical estimates found in the literature. Importantly, it is a result and not an assumption that our preferred $\chi$ lies within the parameter space consistent with multiple steady states. In this sense multiplicity is essential to match the sluggish recovery of unemployment.

Under our preferred calibration, the sequence of shocks which generate a 5 percentage point increase in the unemployment rate is not implausibly large. While our analytical results considered only a one period shock, we now calibrate a persistent increase in $\beta$ that lasts from the first half of 2008 to the second half of 2009 (3 periods) to match the observed rise in unemployment rates. This requires a sustained increase of $\beta$ to 1.0173 for these 3 periods (corresponding to a -3.4% annual real interest rate), causing the ZLB to bind. These shocks raise real wages by 4.6% in the model. Empirically, real average hourly earnings increased by 3.4%-3.5% over the corresponding period.

Absent subsequent shocks, our mechanism is not just sufficient but necessary to explain the slow recovery. The blue line in Figure 7a shows the trajectory of unemployment when $\chi = 0$, i.e. a reemphasizing that nominal rigidities do not push wages outside the bargaining set and thus, an unemployed worker who meets a firm would have no incentive to accept lower wages.

37**Barron et al. (1989)** find that, on average, a new hire spends 151 hours on training in the first 3 months of the job. If only unskilled workers require training, as assumed in our model, this implies an upper bound of $\chi = 151/(0.2 \times 1043.5) = 0.72$ (since the average fraction of unskilled workers in the US prior to 2008 was 20 percent, and assuming 2087 hour work-year, as is standard. Barron et al. (1989) also find that the median worker spends 81 hours in training. If we instead calibrate $\chi$ to match the difference between training costs between unskilled and skilled (median) worker, we get $\chi = (151 – 81)/(0.2 \times 1043.5) = 0.34.$ The American Society for Training and Development (Paradise, 2009) estimated the average annual learning expenditure to be 2.24% of total annual payroll in 2008. In our model total training expenditures equal $\chi\mu\delta(1 – u)$ in steady state while payroll equals $w(1 – u)$ implying $\chi = 0.48$. Our preferred value of $\chi = 0.52$ lies comfortably within this range.

38We take the Average Hourly Earnings of all Private Employees from the Current Employment Statistics as our measure of nominal wages. We deflate this series using the Consumer Price Index for all Urban Consumers or Personal Consumption Expenditures Price Index, and compute the change in real hourly earnings between January 2008 and July 2009.
model without training costs - essentially the standard DMP model, which has a unique steady state. Absent any further shocks, this model predicts a rapid recovery with unemployment returning to 5 percent by the end of 2010. This suggests that in the absence of persistent shocks, our mechanism is necessary to match the sluggish recovery observed in the data. As highlighted in Pissarides (2009), when firms post fewer vacancies due to poor aggregate conditions, competition for workers amongst recruiters declines, shortening the average duration of a vacancy. When the only costs associated with job creation are vacancy posting costs, the decline in vacancy duration lowers the average effective cost of job creation, mitigating the recession’s adverse impact on hiring. Training costs, $\chi$, undo this phenomenon, creating a protracted recovery. Unlike the average cost of vacancy creation, $\kappa/f$, which is pro-cyclical and rises when there is more competition amongst recruiters, training costs are counter-cyclical and rise when the composition of job-seekers tilts towards the unskilled. Figure 8a highlights the inverse relationship between the average expected vacancy posting cost $\kappa/f$ (red line) and the expected training costs $\chi\mu$ (black line) in the years following the Great Recession. The increase in job creation costs (blue line) solely stemmed from the large spike in training costs. The sharp rise in training costs more than counteracted the benefit of lower average expected vacancy posting costs following the Great Recession, depressing job growth and stalling the recovery.

Figure 7a suggests that, given the magnitude of the shock that hit the U.S. during the Great Recession, monetary policy was accommodative enough to avert permanent stagnation, but not enough to prevent a slow recovery. The model allows us to evaluate how the economy would have responded had shocks been larger or policy less accommodative. Figure 7b shows the trajectory of unemployment under our preferred calibration given different initial unemployment rates (in the second half of 2009). Again, the black line plots data. The green lines show trajectories starting from lower initial unemployment; light blue lines indicate trajectories starting from higher unemployment. The red-dashed line shows the trajectory starting from $\bar{u} = 10.9\%$ (the unstable steady state) which divides the regions of slow recovery and permanent stagnation. The figure shows that, had monetary policy been more accommodative after the initial shocks and kept the initial rise in unemployment below 8 percent, unemployment would have returned to 6% two years earlier, in 2012. More strikingly,
had policy been less accommodative allowing unemployment to rise to 12%, the economy would have been unable to return to full-employment (absent fiscal policy).

Figure 7b suggests that had monetary policy not been so quick to respond following the shocks in 2007, the U.S. economy could have fallen into permanent stagnation. In this regard, Europe presents a cautionary tale.\(^{39}\) Figure 9 shows the fraction of long-term unemployed in Ireland, Greece, Spain, the Euro area and the U.S. from 2008 to 2016. While the fraction of long-term unemployed increased in the U.S. following 2007, timely monetary policy accommodation ensured that this increase was temporary. In contrast, the fraction of long-term unemployed increased following the European recessions of 2008 and 2011 and has since remained elevated.\(^{40}\) Many commentators\(^{41}\) have argued that the European Central Bank’s response was insufficient from the point of view of these economies or came too late. The model suggests that this delayed or insufficient monetary policy response could explain why long-term unemployment has remained persistently high in these economies. From this perspective, ECB President Draghi’s “whatever it takes” speech in July 2012 - which can be seen as a commitment to very accommodative policy - may have come too late to reverse the effects of hysteresis. Thus, to prevent hysteresis, monetary stimulus must not just be large, but also timely.

Finally, even when monetary policy cannot ameliorate the scarring effects of recessions, fiscal policy - hiring or training subsidies - can help. Figure 8b shows the duration of the recovery (starting from 10% unemployment) as a function of \(\chi\) with the cross denoting our preferred value of \(\chi\). The effect of \(\chi\) on duration is highly non-linear. A modest subsidy which lowers the per worker training cost \(\chi\) by 4% from 0.52 to 0.5 could have hastened the recovery by over 2 years.

\(^{39}\)Since the assumption of risk neutrality in our model implies that real interest rates are exogenous, the analysis in the model can also be applied to a small open economy in a monetary union.

\(^{40}\)Of course, experiences differed widely across European countries; for example, the fraction of long-term unemployed actually declined in Germany over this period. Here we focus on those countries most severely affected during the European crisis, from whose perspective the ECB’s monetary policy was arguably insufficiently accommodative. Having said that, despite the heterogeneous experiences of different countries, on average, the Euro area did experience an increase in the fraction of long-term unemployed.

\(^{41}\)See for example Kang et al. (2015).
Figure 9. Fraction of long-term unemployed (>27 weeks) in select countries. The figure plots five quarter moving averages of quarterly data. The dashed-line indicates the timing of Draghi’s “whatever it takes” speech. Source: Eurostat and FRED.

The Great Recession vs. the Volcker Recession Our analysis predicts that an economy vulnerable to hysteresis will recover quickly following a small increase in unemployment but will take much longer to recover following a large increase in unemployment. Through the lens of our model, the recovery from the Great Recession was so protracted because the initial increase in unemployment was so large compared to the previous few recessions. However, the 1981 recession saw unemployment rates increase to an even higher level (10.8%) than in the Great Recession (10%). Figure 10a shows the behavior of the unemployment rate around its peak (normalized to date 0) following the recessions beginning in 1981Q3 and 2007Q4. While unemployment rates returned to its pre-recession levels 5 quarters after reaching its peak after the 1981 recession, unemployment rates only returned to their pre-recession level 6 years after the 2007 recession.

This might appear inconsistent with our model’s predictions. Recall however, that the key variable for the mechanism in the model is not the unemployment rate itself but the fraction of unskilled job-seekers. Empirically, this fraction can be proxied by the fraction of unemployed individuals who have been unemployed for more than 27 weeks, i.e. the long-term unemployed, given the assumption that workers are more likely to lose skill the longer they have been unemployed. Figure 10b shows

\[\text{In our stylized model, this proxy is exact since unemployed workers become unskilled after 1 period, i.e. 6 months. More generally, the two measure there would be positively correlated rather than identical if workers lost skill probabilistically conditional on being unemployed.}\]
that the fraction of long-term unemployed individuals around its peak in the two recessions. This fraction increased much less in the 1981 recession compared to the 2007 recession, and accordingly returned to its pre-recession level much more rapidly. Through the lens of the model, a smaller increase in long-term unemployment begets less skill depreciation (a smaller increase in \( \mu \)), and a speedier recovery. While the 1981 recession was comparable to 2007 in terms of peak unemployment, it was much smaller in terms of the fraction of long-term unemployed.

![Graph A](image1)

![Graph B](image2)

(a) Unemployment Rate  
(b) Fraction of long-term unemployed (>27 weeks)

Figure 10. Recoveries following the 1981 and 2007 recessions

The mapping between the overall level of unemployment and the fraction of long-term unemployed might have changed over the last five decades due to slow moving structural changes in the labor market which are outside the scope of this paper. For example, factors such as the trend decline in separation rates and the reduced importance of temporary layoffs relative to the 1980’s would tend to make a given unemployment rate associated with a higher fraction of long-term unemployed.

6 Some extensions

Market segmentation  A key assumption in our analysis has been that both skilled and unskilled workers search in the same markets. In particular, firms cannot post vacancies targeted to either unskilled or skilled workers. In reality, employers might be able to discern whether a worker requires training or not based on observable characteristics - in particular, their duration of unemployment. One might therefore wonder whether allowing firms to observe a worker’s type would prevent slow recoveries and permanent stagnation from arising in our economy.

If instead skilled and unskilled workers searched in separate markets, the economy would still be characterized by hysteresis, but it would take a different form. There are two possibilities to consider. Under our maintained assumption that \( J_{max} > \kappa + \chi \), the firm’s share of the surplus from hiring an unskilled worker, net of training costs, is large enough to compensate firms for posting vacancies in the unskilled labor market - provided that this market is sufficiently slack. Thus, after a temporary recession which increases the fraction of unskilled job-seekers, it can take a long time for these workers to be reabsorbed into employment. Firms prefer to post vacancies in the market for
skilled job-seekers rather than the market for unskilled job-seekers in order to avoid paying a training cost. With fewer vacancies posted for them, unskilled job-seekers face a lower job-finding rate and thus, the outflow from the pool of unskilled job-seekers is low. In contrast, the skilled unemployment rate recovers rapidly - in fact, faster than in the baseline model with a single labor market. However, the recovery is even slower for unskilled job-seekers relative to the baseline model.

If instead \( J_{\text{max}} < \kappa + \chi \), the segmented labor markets economy could experience permanent stagnation, rather than a slow recovery, but again this stagnation would take a different form, relative to the baseline model. In this case, unskilled workers are unemployable, since firms are unwilling to pay to train and hire these workers. Thus unskilled workers effectively drop out of the labor force, unemployment recovers quickly, and hysteresis takes the form of lower labor force participation.

**Lower Labor Productivity**  We have assumed that before unskilled workers can produce output, firms must incur the cost \( \chi \) to train them. Alternatively, if unskilled workers could produce output without being trained, albeit with a lower productivity than trained workers, hysteresis might take the form of persistently or permanently low labor productivity following a deep recession. These effects might even persist even after unemployment has recovered.

**Wage bargaining**  We have assumed that firms pay training costs before bargaining over the wage. This is not essential for our results. If instead firms bargained over the wage before paying training costs, our results would be broadly unchanged except that the effective training cost faced by firms would be given by \((1 - \eta)\chi\). It is not essential that firms suffer all the burden of training unskilled workers as long as they pay some of it.\(^{43}\)

**Productivity shocks**  We have focused on how a temporary negative demand shock can permanently damage the economy’s productive capacity by altering the skill composition of workers in the presence of nominal rigidities and insufficient monetary policy accommodation. The effects of temporary productivity shocks in our model would be similar.\(^{44}\) That is, large enough falls in aggregate productivity cause unemployment to rise and average skill quality to deteriorate significantly, resulting in permanent scarring of the workforce. But since large enough negative productivity shocks drive unemployment up even in the absence of a binding ZLB, we chose to focus on demand shocks.

**Rate of skill depreciation**  In order to limit the number of state variables and retain analytical tractability, we have assumed that workers lose their skill after being unemployed for 1 period only. Relaxing this assumption would not qualitatively change our results. Allowing workers to lose their skill probabilistically would merely slow down the increase in \( \mu \). As long as large adverse shocks

\(^{43}\)Quantitatively, one would of course require a larger \( \chi \) to generate multiplicity if the training costs are paid after Nash bargaining. With \( \eta = 2/3 \), we would need \( \chi \) to be approximately 1.5 in order to match the slow recovery in the U.S. (Figure 7a) which implies that the cost of training unskilled workers is about 9 months of output, and the cost of training the average worker is around 7 weeks of output. These values are plausible given the wide range of empirical estimates of training costs and total job-creation costs.

\(^{44}\)In an earlier version, we looked at the impact of productivity shocks and found broadly similar results: temporary productivity shocks can have persistent real effects. The results on productivity shocks are available upon request.
reduce hiring enough and the skill quality of job-seekers deteriorates significantly, the economy cannot observe a swift reversal back to full employment and all our results follow through.

7 Conclusion

We presented a model designed to study the positive and normative implications of hysteresis. Skill depreciation, nominal rigidities and constraints on monetary policy together allow temporary shocks to create slow recoveries or even permanent stagnation. Aggressive countercyclical policy may be able to avoid these outcomes, but only if enacted in a timely manner. Once the rot has set in, monetary policy cannot rescue the economy from an unemployment trap.

Hysteresis gained renewed attention during the recent recovery, as policymakers debated whether to begin tightening policy. Yellen (2016) discusses the argument that in the presence of hysteresis, monetary policy should “run the economy hot” to reverse the damage caused by high unemployment. Our analysis suggests that such monetary accommodation may be less effective when implemented late in the recovery, rather than early on in the recession.

While we have focused on skill depreciation, more generally recessions may damage productive capacity through multiple channels - reducing capital accumulation, reducing labor force participation, slowing productivity growth, and so on. Many of these effects may also be hard or even impossible to reverse. For example, Wee (2016) shows that recessions can permanently change young workers’ search behavior, causing them to stay in careers in which they have a comparative disadvantage but have accumulated sufficient specific human capital, causing permanent misallocation. Whenever such mechanisms are operative, it is all the more important for countercyclical policy to nip recessions in the bud; the damage from failing to do so may be irreversible. In a world vulnerable to hysteresis, prevention is better than cure.

References


Del Negro, Marco, Marc Giannoni, and Christina Patterson, “The forward guidance puzzle,” Staff Reports 574, Federal Reserve Bank of New York 2015.


Appendix

A  Wages and Nash bargaining

Recall that the value of an employed worker and of an unemployed worker, respectively, are defined by the recursions (2) and (3). Also, the value of a filled vacancy to a firm is given by equation (8).

We can then define the surplus of a match between a worker and a firm as:

\[ S_t = J_t + W_t - U_t \]

Wages are determined by Nash bargaining. Denoting workers’ bargaining power by \( \eta \), wages solve

\[ \max_{w_t} J_t^{1-\eta}(W_t - U_t)^\eta \]

implying

\[ \eta J_t = (1 - \eta)(W_t - U_t) \]

Notice that the match surplus can be rewritten as:

\[ S_t = J_t + W_t - U_t = A - b + \beta (1 - \delta) J_{t+1} + \beta (1 - \delta) (1 - q_{t+1})(W_{t+1} - U_{t+1}) \]

Using the fact that \( W_t - U_t = \eta S_t \) in the equation above, we have:

\[ \omega_t = \eta A + (1 - \eta)b + \beta (1 - \delta) \eta q_{t+1} J_{t+1} \]

B  Existence of multiple steady states

Define:

\[ \eta = \max \left\{ \frac{1 - \beta (1 - \delta)}{\beta (1 - \delta)}, \frac{1 - \delta}{2 - \delta}, \frac{(1 - \delta)(\kappa + \chi) - b}{(1 - \delta)(\kappa + \chi) + a - b} \right\} \quad (24) \]

Steady states \( \mu \) satisfies \( \frac{a}{1 - \beta (1 - \delta)(1 - \eta)(1 - \mu)} = \kappa + \chi \mu \). Dividing through by \( J_{min} \), this becomes

\[ (1 - e \mu)^{-1} = k + x \mu \quad (25) \]
where \( k = \kappa / \text{J}_{\text{min}} \), \( x = \chi / \text{J}_{\text{min}} \) and \( e = \frac{\beta \eta (1 - \delta)}{1 - \beta (1 - \delta)(1 - \eta)} \). For future reference, we define \( \chi = e \left[ 2 - k + 2\sqrt{1 - k} \right] \). Assumptions 1 and 2 impose that \( k < 1 \) and \((1 - e)^{-1} > k + x \). Since \( e \in (0, 1) \), \((1 - e\mu)^{-1} \) is an increasing, strictly convex function. Starting from \( x = 0 \), as we increase \( x \), either the intersection of these two functions first occurs at \( \mu \in (0, 1) \), in which case a slightly higher \( x \) would give us multiplicity, or the first intersection has \( \mu \geq 1 \). Consider the knife edge case in which the first intersection of these two curves is at \( \mu = 1 \). Then the curves must be tangent and equal to each other at \( \mu = 1 \), i.e.

\[
\frac{e}{(1 - e)^2} = k \quad \text{and} \quad \frac{1}{1 - e} = k + x
\]

which implies \( k = (1 - 2e)(1 - e)^{-2} \).

In order to have multiple intersections in \((0, 1)\), there must exist some \( \mu \in (0, 1) \) such that \((1 - e\mu)^{-1} = k + x\mu \) and \( e(1 - e\mu)^{-2} > x \) (at the larger of the two intersections, this convex function must intersect the linear function from below). If \( k < (1 - 2e)(1 - e)^{-2} \), then this cannot be the case. A smaller \( k \) implies a larger \( x \), increasing the slope of the linear function; \( \mu < 1 \) decreases the slope of the convex function. Thus, we must have \( k > (1 - 2e)(1 - e)^{-2} \). The assumption that \( \eta \geq \eta \) is sufficient (but not necessary) to ensure this, since it implies that \( e > 0.5 \). If this is true, and if \( x \) is just large enough that there is a single slack steady state, then (25), which is quadratic in \( \mu \), has a unique solution, i.e. its discriminant equals zero: \( x^2 - 2e(2 - k)x + e^2k^2 = 0 \).

Considered as a function of \( x \), this equation has two real solutions since its discriminant is positive: \( 4(e^2(2 - k)^2 - e^2k^2) = 16e^2(1 - k) > 0. \) This will have two solutions \( x^* \), the larger of which corresponds to \( \mu \in (0, 1) \). To see this, consider the following graphical argument. Fix \( e \) and \( k < 1 \) and start with \( x = \infty \), so that the \( k + x\mu \) line is vertical at \( \mu = 0 \). Then the two curves intersect at exactly one point, \( \mu = 0 \). Decreasing \( x \) rotates the straight line clockwise, increasing the smallest value of \( \mu \) at which the two curves intersect from 0 to some positive number. Eventually, for low enough \( x \), the straight line is tangent to the convex curve at some \( \mu > 0 \). Next, start with \( x = 0 \), so the straight line \( k + x\mu \) is horizontal at \( k \) and intersects the convex curve at some \( \mu = e^{-1}(1 - k^{-1}) < 0 \). Gradually increasing \( x \) rotates the straight line counter-clockwise, lowering the first value at which the curves intersect. For \( x \) large enough, the two curves are tangent at some \( \mu < 0 \). Clearly, the second case corresponds to a lower value of \( x \). Thus, the larger value of \( x \) corresponds to the economically sensible case where \( \mu \in (0, 1) \). Choosing this value, we have

\[
x^* = e(2 - k) + \sqrt{e^2(2 - k)^2 - e^2k^2} = e[2 - k + 2\sqrt{1 - k}]
\]

Thus there will be multiple steady states if \( x > x^* \).

### C Proof of Lemma 1

Suppose \( \mu_0 = 0 \). Then, note that \( \mu_t = 0 \) (which implies \( n_t = 1 \)) is consistent with (12), since in the tight labor market regime \( q_t = 1 \), and \( n_t = 1, \mu_{t+1} = 0 \). Next we show that we cannot have \( \theta_0 < \theta^f e \) given \( \mu_0 = 0 \). (Since \( \theta^f e \geq 1 \) by Assumption 1, this implies in particular that we cannot have \( \theta_0 < 1 \).)
In any equilibrium, (11) must be satisfied:

\[ J_{\min} \leq a \sum_{t=0}^{\infty} \prod_{\tau=0}^{t} \beta(1 - \delta)(1 - \eta \min\{\theta_{\tau}, 1\}) \leq \kappa \max\{\theta_{t}, 1\} \]

where the first inequality holds because the LHS is decreasing in \( \theta_{\tau} \). Since we know that \( J_{\min} > \kappa \) from Assumption 1, it is immediate that this inequality can only be satisfied if \( \theta_{t} \geq \theta^{fe} \geq 1 \). Finally, we show that we cannot have \( \theta_{0} > \theta^{fe} \). We have shown that

\[ a \sum_{t=0}^{\infty} \prod_{\tau=0}^{t} \beta(1 - \delta)(1 - \eta \min\{\theta_{\tau}, 1\}) = \kappa \theta_{0} \]

in any equilibrium, and that this expression is satisfied by \( \theta_{t} = \theta^{fe} \), \( \forall t \geq 0 \). If \( \theta_{0} > \theta^{fe} \), it follows that \( \theta_{t} < \theta^{fe} \) for some \( t > 0 \). Let \( T \) be the first date at which this is true. Then up to that date, since the labor market has been tight, \( \mu_{T} = 0 \). This is a contradiction, since we have already shown that if \( \mu_{T} = 0 \), \( \theta_{T} \geq \theta^{fe} \). It follows that the unique equilibrium has \( \theta_{t} = \theta^{fe} \) for all \( t \geq 0 \). The proof for any \( \mu_{0} \in (\mu_{0}, \mu) \) is similar and follows from the fact that \( q_{0} = 1 \) which implies that all workers are employed in period 0. Before characterizing the case when \( \mu = \mu \), the following result is useful:

**Lemma 2.** If \( J_{t} = J_{\min} \), then \( q_{t+1} = 1 \), i.e. \( \theta_{t+1} \geq 1 \) and \( J_{t+1} = J_{\min} \).

**Proof.** We have \( J_{t} = a + \beta(1 - \delta)(1 - \eta q_{t+1})J_{t+1} \). The only way to attain \( J_{t} = J_{\min} \) is \( q_{t+1} = 1 \) and \( J_{t+1} = J_{\min} \), since \( q_{t+1} \leq 1 \), \( J_{t+1} \geq J_{\min} \), and the expression is decreasing in \( q_{t+1} \) and increasing in \( J_{t+1} \).

For \( \mu_{0} = \mu \), there exist a continuum of equilibria indexed by \( \theta_{0} \in [1 - \mu, 1] \). In all these equilibria, the value of an employed worker for a firm is given by \( J_{\min} \). To see this, notice that \( J_{0} \leq \kappa + \chi \mu \) as long as labor markets are slack, \( \theta_{0} \leq 1 \). In this case, by definition, \( J_{0} \leq J_{\min} \) and by definition this relationship has to hold with equality. If labor markets are tight, \( \theta_{0} > 1 \), then \( J_{0} = \kappa \theta_{0} + \chi \mu > J_{\min} \) since \( \theta_{0} > 1 \). This is a contradiction since if \( \theta_{0} > 1 \), \( \mu_{1} = 0 \) from Lemma 1 and \( J_{0} = J_{\min} \) from Lemma 1. Furthermore, from Lemma 2, it follows that \( J_{1} = J_{\min} \) and \( \theta_{1} \geq 1 \).

The contradiction above shows that \( \theta_{0} \leq 1 \). We now need to show that \( \theta_{0} > 1 - \mu \). Suppose that \( \theta_{0} < 1 - \mu \). Then \( \mu_{1} \) is given by:

\[ \mu_{1} = \frac{1 - \theta_{0}}{1 + (1 - \delta)[1 - \theta_{0} - \mu]} > \mu \]

This is a contradiction since

\[ J_{1} = J_{\min} = \kappa + \chi \mu \leq \kappa + \chi \mu_{1} \]

which requires that \( \theta_{1} = 0 \). Thus, we have shown that \( \theta_{0} \in [1 - \mu, 1] \). From (4) and the earlier part of this proof, it follows that \( \mu_{1} = \frac{1 - \theta_{0}}{1 + (1 - \delta)[1 - \theta_{0} - \mu]} \leq \mu_{0} \) and \( \theta_{1} = (J_{\min} - \chi \mu_{1})/\kappa \geq 1 \). As mentioned in footnote 12, we select the equilibrium in which \( \theta_{0} = 1 \) implying that \( \mu_{1} = 0 \), \( \theta_{1} = \theta^{fe} \).
D  Proof of Proposition 1

**Definition 1.** Define the functions $\Theta^1 : I^1 \rightarrow [0, 1], F^1 : I^1 \rightarrow \mathbb{R}_+, M^1 : I^1 \rightarrow \{\mu\}$ as:

\[
\Theta^1(\mu_{T-1}) := 1 - \frac{\mu}{1 - (1 - \delta)\mu}(1 - (1 - \delta)\mu_{T-1})
\]

\[
F^1(\mu_{T-1}) := \frac{1}{\chi} \left[ a - \kappa + \beta(1 - \delta)(1 - \eta)\Theta^1(\mu_{T-1}) \right] (\kappa + \chi \mu_{T-1})
\]

\[
M^1(\mu_{T-1}) := \mu
\]

where $I^1 = [\mu, \mu^1]$ and $\mu^1 := F^1(\mu)$.

Intuitively, at any date $t$, for any $\mu_t \in I^1$, $\Theta^1(\mu_t)$ describes the job-finding rate that ensures that the economy reaches $\mu$ at date $t+1$. $F^1(\mu_t)$ describes the unique value that $\mu_t - 1$ can have in period $t-1$ such that $\mu_t \in I^1$ and also $\mu_{t+1} = \mu_t$. In other words, given market tightness at date $t$, $\Theta^1(\mu_t)$, one can compute the value of a filled vacancy at date $t-1$ and zero and by no-arbitrage, this pins down the value of $\mu_{t-1}$ for which firms would have been willing to post the requisite number of vacancies. $M^1(\mu)$ is just a constant function which by definition describes where any $\mu \in I^1$ ends up.

**Corollary 2.** It must be true that $\mu^1 < \tilde{\mu}$.

By the definition of $\mu^1$, it must be true that

\[
\mu^1 = \frac{1}{\chi} \left[ a - \kappa + \beta(1 - \delta) \left[ 1 - \eta(1 - \tilde{\mu}) \right] (\kappa + \chi \tilde{\mu}) \right]
\]

\[
< \frac{1}{\chi} \left[ a - \kappa + \beta(1 - \delta) \left[ 1 - \eta(1 - \tilde{\mu}) \right] (\kappa + \chi \tilde{\mu}) \right]
\]

\[
= \tilde{\mu}
\]

**Lemma 3.** For $\beta$ sufficiently close to 1, $F^1$ is increasing in $\mu$ for $\mu \in [\mu, \tilde{\mu})$

**Proof.** Since $F^1(\mu)$ is composed of constants and a concave part, it suffices to consider the concave polynomial $\xi(\mu) = [1 - \eta \Theta^1(\mu)] (\kappa + \chi \mu)$. This function is increasing in $\mu$ for

\[
\mu < \frac{1}{2} \left[ \frac{(1 - (1 - \delta)\mu)(1 - \eta)}{\eta(1 - \delta)\mu} + \frac{1}{(1 - \delta)} - \frac{\kappa}{\chi} \right]
\]

(26)

It is thus sufficient to show that $\tilde{\mu}$ satisfies this inequality. Before proceeding further, it is convenient to work with a quasi-value function of the firm defined in terms of $\mu$ as opposed to $J_t$.

Define the quasi-value function $Q(\mu)$ as:

\[
Q(\mu) = \frac{a}{1 - \beta(1 - \delta) \left[ 1 - \eta(1 - \mu) \right]}
\]

By construction, $Q(\mu)$ is the value of the firm as long as the job-finding rate is $1 - \mu$ forever. Note that $Q'(\mu) > 0$ and $Q''(\mu) > 0$. 43
Under this quasi-value function and given free entry, \( \tilde{\mu} \) satisfies
\[
Q(\tilde{\mu}) = \frac{a}{1 - \beta(1 - \delta)(1 - \eta + \eta \tilde{\mu})} = \kappa + \chi \tilde{\mu}
\]
Since the left hand side is convex and the right hand side linear, since \( \tilde{\mu} \) is the smaller of two solutions to this equation, then
\[
Q'(\tilde{\mu}) = \frac{a \beta (1 - \delta) \eta}{[1 - \beta(1 - \delta)(1 - \eta + \eta \tilde{\mu})]^2} < \chi
\]
In other words, the LHS cuts the RHS from above. Next, dividing the first equality by the second inequality, we have
\[
\tilde{\mu} < \frac{1}{2} \left[ \frac{1 - \beta(1 - \delta)}{\beta(1 - \delta) \eta} + 1 - \frac{\kappa}{\chi} \right] \tag{27}
\]
Define:
\[
\Xi = \frac{1}{2} \left\{ \frac{(1 - (1 - \delta) \mu)(1 - \eta)}{\eta(1 - \delta) \mu} - \frac{1 - \beta(1 - \delta)}{\eta \beta(1 - \delta)} + \frac{1}{(1 - \delta) - 1} \right\}
\]
Assuming that \( \beta > \frac{\tilde{\mu}}{\eta \mu + 1 - \eta} \), it can be shown that \( \Xi > 0 \).\(^{45}\) Thus, as required:
\[
\tilde{\mu} < \frac{1}{2} \left[ \frac{1 - \beta(1 - \delta)}{\beta(1 - \delta) \eta} + 1 - \frac{\kappa}{\chi} \right] + \Xi = \frac{1}{2} \left[ \frac{(1 - (1 - \delta) \mu)(1 - \eta)}{\eta(1 - \delta) \mu} + \frac{1}{(1 - \delta) - 1} - \frac{\kappa}{\chi} \right]
\]
\[\square\]

It was already clear that given a \( \mu_{t+1} \in I^1 \), there exists a unique \( \mu_t \) which could have led there. In addition, this Lemma shows that given any \( \mu_t \), there exists at most one \( \mu_{t+1} \in I^1 \) is consistent with equilibrium.

**Corollary 3.** Let \( I^2 = F^1(I^1) \) and let \( M^2(\mu) \) be the inverse of this function. Then \( M^2(\mu^1) = M^1(\mu^1) = \mu \).

Since \( F^1 \) is increasing and continuous, its inverse \( M^2 \) exists and is increasing and continuous. Consequently, \( F^1(I^1) \) maps into an interval \( (\mu^1, \mu^2] \). Further since \( \mu^1 = F^1(\underline{\mu}) \), then \( M^2(\mu^1) = \underline{\mu} \).

**Lemma 4.** \( \mu^2 = F^1(\mu^1) < \tilde{\mu} \)

**Proof.** Since \( \Theta^1(\underline{\mu}) = 1 - \underline{\mu} \) and \( \Theta^1 \) is increasing, we have \( \Theta^1(\mu^1) > 1 - \underline{\mu} > 1 - \tilde{\mu} \). It follows that:
\[
\frac{1}{\chi} \left[ a - \kappa + \beta(1 - \delta)(1 - \eta \Theta^1(\mu^1))(\kappa + \chi \tilde{\mu}) \right] < \frac{1}{\chi} \left[ a - \kappa + \beta(1 - \delta)(1 - \eta(1 - \tilde{\mu}))(\kappa + \chi \tilde{\mu}) \right]
\]
\(^{45}\)Note that this assumption is a condition on an endogenous variable, \( \tilde{\mu} \), and can be rewritten as \( \tilde{\mu} < \frac{1 - \eta}{\beta^{-1} - \eta} \). Nonetheless, it is a weak condition: for any \( \tilde{\mu} < 1 \), it is satisfied for \( \beta \) sufficiently close to 1.
Then, from Corollary 2, since $\mu^1 < \tilde{\mu}$:

\[
F^1(\mu^1) = \frac{1}{\chi} \left[ a - \kappa + \beta(1 - \delta)(1 - \eta \Theta^1(\mu^1))(\kappa + \chi\mu^1) \right] < \frac{1}{\chi} [a - \kappa + \beta(1 - \delta)(1 - \eta(1 - \tilde{\mu}))(\kappa + \chi\tilde{\mu})] = \frac{\tilde{\mu}}{\chi}
\]

Lemma 5. Define $\Theta^2(\mu) : I^2 \to [0, 1]$ as:

\[
\Theta^2(\mu) := 1 - M^2(\mu) \frac{1 - (1 - \delta)\mu}{1 - (1 - \delta)M^2(\mu)}
\]

Then,

\[
\frac{\partial \Theta^2(\mu)}{\partial \mu} \leq \frac{(1 - \delta)M^2(\mu)}{1 - (1 - \delta)M^2(\mu)}
\]

Proof.

\[
\frac{\partial \Theta^2(\mu)}{\partial \mu} = M^2(\mu) \frac{(1 - \delta)}{1 - (1 - \delta)M^2(\mu)} - \frac{\partial M^2(\mu)}{\partial \mu} \left[ \frac{[1 + (1 - \delta)(1 - (1 - \delta)\mu)M^2(\mu)]}{[1 - (1 - \delta)M^2(\mu)]^2} \right]
\]

where the inequality comes because $M^2(\mu)$ is increasing and the expression in square brackets is positive.

We are now ready to characterize equilibrium in the entire convalescent region.

Lemma 6 (Induction Step). Suppose the functions $\Theta^n(\mu)$, $M^n(\mu)$ are defined on some interval $I^n = [\mu^{n-1}, \mu^n]$ and $M^{n-1}(\mu_{T-n+1})$ is defined on an interval $I^{n-1} = [\mu^{n-2}, \mu^{n-1}]$, with $\mu < \mu^{n-2} < \mu^n < \tilde{\mu}$, and that these functions satisfy

\[
\Theta^n(\mu) = 1 - M^n(\mu) \frac{1 - (1 - \delta)\mu}{1 - (1 - \delta)M(\mu)}
\]

\[
\frac{\partial \Theta^n(\mu)}{\partial \mu} < \frac{(1 - \delta)M^n(\mu)}{1 - (1 - \delta)M^n(\mu)}
\]

\[
M^n(I^n) = I^{n-1}
\]

\[
M^n(\mu^{n-1}) = M^{n-1}(\mu^{n-1}) = \mu^{n-2}
\]

Then, for $\beta$ sufficiently close to 1, we have the following results:

1. The function

\[
F^n(\mu) := \frac{1}{\chi} \left[ a - \kappa + \beta(1 - \delta)(1 - \eta \Theta^n(\mu))(\kappa + \chi\mu) \right]
\]

is monotonically increasing in $\mu$ for $\mu \leq \tilde{\mu}$. 

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2. Let $I_{n+1} = F^n(I^n)$ and let $M^{n+1}(\mu)$ be the inverse of this function. Then $M^{n+1}(\mu^n) = M^n(\mu^n) = \mu^{n-1}$.

3. $I^{n+1} = [\mu^n, \mu^{n+1}]$ with $\mu^{n+1} < \bar{\mu}$.

4. Define $\Theta^{n+1}(\mu)$ on $I^{n+1}$ by

$$\Theta^{n+1}(\mu) = 1 - M^{n+1}(\mu) \frac{1 - (1 - \delta)\mu}{1 - (1 - \delta)M^{n+1}(\mu)}$$

The derivative of this function satisfies

$$\frac{\partial \Theta^{n+1}(\mu)}{\partial \mu} < \frac{(1 - \delta)M^{n+1}(\mu)}{1 - (1 - \delta)M^{n+1}(\mu)}$$

Proof. (1.) The derivative of $F^n(\mu)$ is

$$\frac{\partial F^n(\mu)}{\partial \mu} = \frac{\beta(1 - \delta)}{\chi} \left[ -\eta \frac{\partial \Theta^n(\mu)}{\partial \mu} (\kappa + \chi \mu) + \chi (1 - \eta \Theta^n(\mu)) \right]$$

$$> \frac{\beta(1 - \delta)}{\chi} \left[ -\eta \frac{(1 - (1 - \delta)M^n(\mu))}{1 - (1 - \delta)M^n(\mu)} (\kappa + \chi \mu) + \chi (1 - \eta \Theta^n(\mu)) \right]$$

Substituting in the definition of $\Theta^n$ and rearranging, we see that this expression will be positive provided that

$$\mu < \frac{1}{2} \left[ \frac{1 - \eta (1 - (1 - \delta)M^n(\mu))}{\eta (1 - (1 - \delta)M^n(\mu))} + \frac{1}{(1 - \delta)} - \frac{\kappa}{\chi} \right]$$

By the same logic as in Lemma 3, for $\beta$ sufficiently close to 1, this is satisfied for any $\mu \leq \bar{\mu}$, since we have $M^n(\mu) \leq \bar{\mu}$. So $F^n(\mu)$ is increasing, and hence invertible, for $\mu < \bar{\mu}$. Let $M^{n+1}(\mu)$ be the inverse of this function.

(2.) We have

$$M^n(\mu^{n-1}) = M^{n-1}(\mu^{n-1})$$
$$\Theta^n(\mu^{n-1}) = \Theta^{n-1}(\mu^{n-1})$$
$$F^n(\mu^{n-1}) = F^{n-1}(\mu^{n-1}) = \mu^n \text{ by definition of } \mu^n$$
$$M^{n+1}(\mu^n) = M^n(\mu^n)$$

(3.) Since $F^n$ is a continuous, increasing function, the image of the interval $[\mu^{n-1}, \mu^n]$ under $F^n$ must be an interval $[\mu^n, \mu^{n+1}]$. (We have already shown that $F^n(\mu^{n-1}) = \mu^n$.) We need to show that $\mu^{n+1} = F^n(\mu^n) < \bar{\mu}$. We know that $\bar{\mu} \geq M^n(\mu^n)$. Then, it must be true that
1 - \bar{\mu} < 1 - M^n(\mu^n) \\
= 1 - M^n(\mu^n) \frac{1 - (1 - \delta)\mu^n}{1 - (1 - \delta)\mu^n} \\
< 1 - M^n(\mu^n) \frac{1 - (1 - \delta)\mu^n}{1 - (1 - \delta)M^n(\mu^n)} \\
= \Theta^n(\mu^n)

Then, by the same logic as in Lemma 4 we have \( F^n(\mu^n) < \bar{\mu} \). So we have shown that \( I^{n+1} \subset [\bar{\mu}, \bar{\mu}] \).

(4.) The bound on the derivative is established in the same way as Lemma 5.

Lemma 7. \( \lim_{n \to \infty} \mu^n \to \bar{\mu} \).

Proof. We have shown that \( \{\mu^n\} \) is an increasing sequence bounded above by \( \bar{\mu} \); thus by the Monotone Convergence Theorem, its limit \( \mu^\infty \) exists, and \( \mu^\infty \leq \bar{\mu} \). Suppose by contradiction that \( \mu^\infty < \bar{\mu} \). Then \( \mu^\infty \) must be a steady state. But by definition, \( \bar{\mu} \) is the smallest slack steady state. So we must have \( \mu^\infty = \bar{\mu} \).

Finally, we prove that recoveries can be arbitrarily slow, i.e. for any \( T \in \mathbb{N} \), there exists \( \varepsilon > 0 \) such that if \( \mu_0 \in (\bar{\mu} - \varepsilon, \bar{\mu}) \), \( \mu_t > 0 \) for all \( t < T \). Fix \( \delta > 0 \), \( T \in \mathbb{N} \) and let \( n \) be the smallest integer such that \( \mu^n \geq \bar{\mu} - \delta \) (this exists, since \( \mu^n \to \bar{\mu} \) and \( \delta > 0 \). Set \( \varepsilon = \bar{\mu} - \mu^{n+T} \). Take any \( \mu_0 \in (\bar{\mu} - \varepsilon, \bar{\mu}) = (\mu^{n+T}, \bar{\mu}) \). Then \( \mu_0 \in (\mu^{m-1}, \mu^n) \) for some \( m > n + T + 1 \). We know from 1 that \( \mu_T \in (\mu^{m-T-1}, \mu^{m-T}) \). In particular,

\[
\mu_T > \mu^{m-T-1} > \mu^n \geq \bar{\mu} - \delta > \mu_0 - \delta
\]

Finally, since \( \{\mu_t\} \) is monotonically decreasing, we have \( \mu_t > \mu_0 - \delta \) for all \( t < T \), as claimed. Next, note that the first part of the lemma is a special case of the second part with \( \delta = \bar{\mu} \).

E Properties of \( J_0(\beta_0) \)

Suppose that the economy remains at full employment steady state even after the shock \( \beta_0 > 1 \). There are two cases to consider. First, suppose that the ZLB does not bind at date 0. Then monetary policy is unconstrained in all periods, and nominal wages and prices remain constant. From (19), we have \( 1 + i_t = \frac{P_t}{P_0} = \frac{1}{\bar{\beta}_0} \). When \( \beta_0 > 1 \), this would imply a negative nominal interest rate, violating the ZLB. Thus, when \( \beta_0 > 1 \), monetary policy is constrained at date 0 and we have \( P_0 = \frac{P_1}{\bar{\beta}_0} \). Since the economy returns to full employment after date 0, real wages will equal \( \omega^*_f \) at all dates \( t \geq 1 \). Iterating forward (22), it follows that prices and nominal wages remain constant thereafter and the ZLB does not bind after date 0. In particular, since \( W_1 = W_0 \), we have:

\[
\omega_0 = \frac{W_0}{\bar{\beta}_0} \omega_1 = \omega^*_f
\]
Using this in the expression for $J_0$ we have:

$$J_0 = A - \beta_0 \omega_{fe}^* + \beta_0 (1 - \delta) J_{\min}$$

The full employment steady state Nash wage equals

$$\omega_{fe}^* = \frac{\eta}{1 - \beta(1 - \delta)(1 - \eta)} A + \frac{[1 - \beta(1 - \delta)](1 - \eta)}{1 - \beta(1 - \delta)(1 - \eta)} b$$

So

$$\frac{\partial J}{\partial \beta_0} = -\omega_{fe}^* + (1 - \delta) J_{\min} = -\frac{\eta}{1 - \beta(1 - \delta)(1 - \eta)} A - \frac{[1 - \beta(1 - \delta)](1 - \eta)}{1 - \beta(1 - \delta)(1 - \eta)} b + (1 - \delta) \frac{(1 - \eta)(A - b)}{1 - \beta(1 - \delta)(1 - \eta)}$$

which is negative provided that $A \left[ 1 - \delta - \frac{\eta}{1 - \eta} \right] - [2 - \delta - \beta(1 - \delta)] b < 0$. By Assumption 2, both terms are negative, so this condition is satisfied.

F Proof of Proposition 2

First we show that a one-period hiring freeze takes the economy either to the convalescent or to the stagnant region.

**Lemma 8.** Starting from full employment, a one period hiring freeze takes the economy out of the healthy region: $\mu_R = \frac{1}{2 - \delta} > \bar{\mu}$.

**Proof.** We prove the Lemma by proving the contrapositive. The first thing to note is that $\mu_R := \frac{1}{2 - \delta} > 0.5$ since $0 < 1 - \delta < 1$. Recall that $\mu = \frac{J_{\min} - \kappa}{\chi}$. Suppose $\mu \geq \mu_R$. This implies that $\mu$ must also be greater than 0.5. In this case, no interior steady state can exist. Recall that any interior steady state solves:

$$\kappa + \chi \mu = Q(\mu)$$

$$= \frac{a}{1 - \beta(1 - \delta)[1 - \eta(1 - \mu)]}$$

$$= \frac{a}{1 - \beta(1 - \delta)(1 - \eta)} \frac{1 - \beta(1 - \delta)[1 - \eta(1 - \mu)]}{1 - \beta(1 - \delta)(1 - \eta)}$$

$$= J_{\min} \frac{1}{1 - e\mu}$$

where, as before $e = \frac{\beta(1 - \delta)\eta}{1 - \beta(1 - \delta)(1 - \eta)}$.

Thus interior steady states solve:

$$\Omega(\mu) := \frac{J_{\min}}{1 - e\mu} - \kappa - \chi \mu = 0$$

We show that this is not possible if $\mu > \mu_R$. In particular, we have $\Omega(\mu) > 0$ for all $\mu \in [0,1]$. First,
we show that \( e > 1/2 \) and \( \chi < 2(J_{\text{min}} - \kappa) \). Notice that \( e \) can also be rewritten as:

\[
e = \frac{1}{1 + \frac{1 - \beta(1 - \delta)}{\beta(1 - \delta)}} > \frac{1}{1 + \frac{2}{\eta}} = \frac{1}{2}
\]

where the inequality follows since \( \eta > \frac{1 - \beta(1 - \delta)}{\beta(1 - \delta)} \) by Assumption 2. Thus, \( e > \frac{1}{2} \). To see that \( \chi < 2(J_{\text{min}} - \kappa) \), note that from the definition of \( \mu \):

\[
\chi = \frac{J_{\text{min}} - \kappa}{\mu} < 2(J_{\text{min}} - \kappa)
\]

since \( \mu > 0.5 \) by assumption.

Fix \( \kappa \in [0, J_{\text{min}}] \), \( \mu \in [0, 1] \). Even though we have shown above that \( e > 1/2 \) and \( \chi < 2(J_{\text{min}} - \kappa) \), for a moment, set \( e = 1/2 \), \( \chi = 2(J_{\text{min}} - \kappa) \). We claim that

\[
Q(\mu) = \frac{J_{\text{min}}}{1 - e\mu} \geq \kappa + \chi\mu = \kappa + 2(J_{\text{min}} - \kappa)\mu
\]

with strict inequality unless \( \kappa = 0 \) and \( \mu = 1 \), in which case the expression holds with equality. When \( \kappa = 0 \), the RHS becomes \( 2J_{\text{min}}\mu \), and the LHS and RHS are only equal for \( \mu = 1 \). For any \( \mu < 1 \), the LHS is larger. When \( \kappa > 0 \), the RHS is strictly lower for any \( \mu > 1/2 \). Thus for any \( \kappa \in [0, J_{\text{min}}] \), the inequality holds for all \( \mu \in [0, 1] \). Finally, for any \( \mu \leq 1/2 \), the inequality clearly holds since the LHS is greater than \( J_{\text{min}} \), and the RHS smaller than \( J_{\text{min}} \).

Next, suppose \( e > 1/2 \) and \( \chi < 2(J_{\text{min}} - \kappa) \). If \( \mu = 0 \), this does not change the inequality, which still holds strictly (since \( \mu \neq 1 \)). If \( \mu > 0 \), this strictly increases the LHS and strictly decreases the RHS. Thus the expression is still satisfied with strict inequality. Thus we have \( \Omega(\mu) > 0 \) for all \( \mu \in [0, 1] \), and there is no interior steady state. Since we have shown that \( \mu \geq \mu_R \) implies there exists no interior steady state, it follows that if there exist multiple interior steady states, we must have \( \mu < \mu_R \).

Next we need to prove two lemmas. The first states that wages are lower in the convalescent region than at full employment. We need this result to show that prices will be higher in the convalescent region.

**Lemma 9.** \( \omega^*(\mu_t) < \omega^*_f \) if \( \mu_t \in (\underline{\mu}, \overline{\mu}) \).

**Proof.** We know that \( M(\mu_t) < \mu_t \) if \( \mu_t \in (\underline{\mu}, \overline{\mu}) \).

\[
\omega^*(\mu_t) = A - (\kappa + \chi\mu_t) + \beta(1 - \delta)[\kappa + \chi M(\mu_t)] \\
= A - \beta(1 - \delta)\chi(\mu_t - M(\mu_t)) - (1 - \beta(1 - \delta))(\kappa + \chi\mu_t) \\
< A - (1 - \beta(1 - \delta))(\kappa + \chi\mu_t) \\
< A - (1 - \beta(1 - \delta))(\kappa + \chi\underline{\mu}) = \omega^*_f \]

\[\square\]
Lemma 10. Under Assumption 2, \( W_t > (1 - \delta)[\kappa + \chi \mu_t] \).

Proof. We know that \( W_t \geq \omega^*(\mu_t) \) by definition, so it suffices to show that \( \omega^*(\mu_t) > (1 - \delta)[\kappa + \chi \mu_t] \).

In the flexible wage benchmark we have

\[
\omega_t = \eta A + (1 - \eta)b + \beta(1 - \delta)q_{t+1}J_{t+1} \geq \eta A + (1 - \eta)b > (1 - \delta)(\kappa + \chi \mu_t)
\]

for any \( \mu_t \in [0, 1] \), given assumption 2.

Finally, we need to characterize dynamics of the economy starting at date 1, once the shock has abated. Under neutral monetary policy, if the ZLB never binds, allocations are (by definition) equal to those in the flexible wage benchmark. The following is immediate.

Lemma 11. If \( \mu_1 \geq \bar{\mu} \), the economy never returns to the full employment steady state.

Proof. If the ZLB never binds, allocations are equivalent to those in the flexible wage benchmark, and we know that the economy never returns to steady state. It only remains to show that the ZLB can never help the economy converge to the full employment steady state. Suppose by contradiction that the economy converges to the full employment steady state. Let \( \mu^R_t, \mu^N_t \) denote allocations in the flexible wage benchmark and in the nominal economy, respectively, given the initial condition \( \mu_1 \geq \bar{\mu} \). Let \( T \geq 1 \) be the first date at which \( \mu^N_T < \mu^R_T \) (there must be some such date, since in the long run \( \mu^N_T = 0, \mu^R_T > 0 \), by assumption). Then we have

\[
J^N_{T-1} = \kappa + \chi \mu^N_{T-1} = \kappa + \chi \mu^R_{T-1} = J^R_{T-1}
\]

\[
J^N_T = \kappa + \chi \mu^N_T < \kappa + \chi \mu^R_T = J^R_T
\]

This implies that real wages are higher at date \( T - 1 \) in the flexible wage benchmark than in the nominal economy:

\[
J^N_{T-1} = J^R_{T-1}
\]

\[
A - \omega_T^N + \beta(1 - \delta)J^N_T = A - \omega_T^R + \beta(1 - \delta)J^R_T
\]

\[
\omega_t^R - \omega_t^N = \beta(1 - \delta)(J^R_T - J^N_T) > 0
\]

This is a contradiction - given the downward nominal wage rigidities, wages are always weakly higher than in the flexible wage benchmark. Thus the economy cannot converge to the full employment steady state.

We are now ready to prove Proposition 2. Part 1. follows for the same reasons as in the previous lemmas. Define the function

\[
B(\mu) = \frac{A - \kappa}{\omega(\mu) - (1 - \delta)(\kappa + \chi \mu)}
\]

on \( (\underline{\mu}, \mu_R) \), where \( \omega(\mu_1) \) denotes the prevailing real wage at date 1 as a function of \( \mu_1 \). It is straightforward to show that \( \omega(\mu_1) \) is continuous, and thus \( B \) is continuous. We have \( B(\underline{\mu}) = \beta \).
Define $\bar{\beta} := B(\mu_R)$. If $\beta_0 > \bar{\beta}$, then if $\mu_1 = \mu_R$, we have

$$J_0 = A - \beta_0 \omega(\mu_R) + \beta_0 (1 - \delta)(\kappa + \chi \mu_R) < \kappa$$

thus $\theta_0 = 0$, which is consistent with $\mu_1 = \mu_R$. If instead $\beta_0 \in (\bar{\beta}, \bar{\beta})$, then there exists $\mu \in (\mu, \mu_R)$ such that $B(\mu) = \beta_0$, and a corresponding $\theta_0 = 1 - \frac{\mu_1}{1 - (1 - \delta) \mu_1}$. Then we have

$$J_0 = \kappa = A - \beta_0 \omega(\mu_1) + \beta_0 (1 - \delta)(\kappa + \chi \mu_1)$$

and firms are indifferent between posting any number of vacancies; thus $\theta_0 \in [0, 1]$ can indeed be an equilibrium. Finally, the fact that the economy does not return to full employment if it is thrown into the stagnant region follows from Lemma 11.